### Cradle Creations

Big Kids & Babies In Soft Sculpture

NEW 15 INCH SIZE

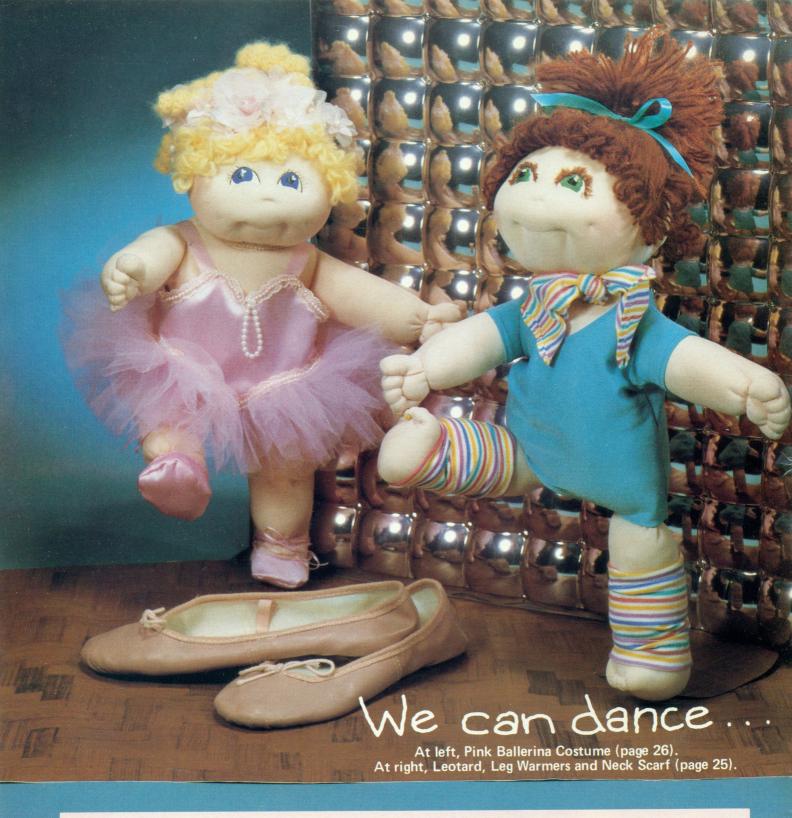


FULL-SIZE PATTERNS AND INSTRUCTIONS FOR MAKING
15" DOLL WITH 12 HAIRSTYLES, 44 CLOTHES & ACCESSORIES

CC-3







#### **Painting Eyes:**

















- 1. Mark eye shape with pencil.
- 2. Apply white paint or gesso over eye shape to seal fabric.
- 3. Paint iris desired color, glancing towards right.
- 4. Paint a thin line around eyeball using brown paint.
- 5. Paint lashes: Girls-light feathery strokes, Boys-4 to 5 light strokes on top of eye.
- 6. Paint black pupil. Add light reflections. For boy a star, for girl a heart.



"To sweet Grandma, Ruby E. Parr, with love and gratitude"

To all you big kids who love to see a child smile and who still love dolls — with the hope that this business of sharing will help y'all spread a little love around . . .



Photo by Meredith Tovatt

#### Martha Nelson Thomas Dollmaker etc. . .

January 1977 with some of her children.

And, most respectfully, to Martha Nelson Thomas, a Louisville, Kentucky, Artist/Dollmaker since 1971, whose creations are the inspiration for this booklet. Although the technique of needle-moulded dolls can be traced back many centuries, Ms. Nelson's design and the many styles encompassing the design are truly unique to our present times. Her Doll Babies and Doll Kids are individual expressions of her interpretations of babies and toddlers which then grow and develop in the homes which she finds for them. Her children share the common elements of being soft, cuddly, playable and durable and reflect her sensitive understanding of the interaction of fantasy between child and doll. Thank you, Martha, for sharing your warmth with us and for providing us all with a fun world of fantasy through your creations.

The dolls and the techniques in this booklet are based on Ms. Nelson's "Little Doll Babies" and have been adapted to the form herein with her permission. The techniques presented are an artisan's interpretation of the artist's work.

Kathie Meyers Author/Artisan

For those of you who are about to make your first "soft sculpture" doll, be aware that this medium does not require much sewing experience. Why? Because the technique of needle moulding is so very different from "sewing". Even folks with years of sewing background usually need to be taught how to needle mould . . . not because it's hard . . . but because it's so different from what they're used to doing. Ordinarily, when you think of "sewing" you relate it to flat pieces of cloth which all fit together in geometric formats with standard rules and procedures. "Soft Sculpture" relates more to movement—learning how to get a flat piece of cloth to expand and bend into shapes with a needle and thread.

It's not an exacting medium, like sewing is. (The instructions, however, are written in detail to simplify your learning the process of making this doll.) Just wait 'til you experience the fun of seeing a little face come to life from a wad of filling and fabric that you moulded with your own hands! If you can thread a needle and follow directions, you can do this! (The legs and torso are stitched on a sewing machine — the rest is all needle-moulding.)

Remember to personalize the dolls to represent your versions of your children and friends as babies or kids... they'll love 'em! Match eye and hair color to theirs and play around with the hairstyles to come up with your own combinations. Need a special gift for someone who has "everything"! Bet they don't..

My thanks again to all of you who've written so many nice letters — they're very special to me. The pictures you've sent of the baby dolls you've made show how much fun you've been having with them — and that's what it's all about! It's apparent that you've brought a lot of pleasure to others with your creative sharing!

Sincerely,

Kathie "Mom" Meyers

P.S. I'd love to see the dolls you make, either directly from or inspired by this booklet. If you have a chance, please send a snapshot, Thank you, I really appreciate it.

CRADLE CREATIONS, INC. P. O. Box 441 Stone Mountain, Georgia 30086

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Due to variations in materials and differing climatic conditions, Cradle Creations, Inc., cannot be responsible for untoward results. As this publication cannot control the purchaser's choice of materials, procedures, or artistic expression, neither Cradle Creations, Inc., nor the manufacturers can assume responsibility for the use of this information.

We do not recommend the use of buttons, moveable eyes, safety pins, etc., on dolls or garments which will be handled by small children. Additionally, please consider the possibility of allergic reactions to paint, powder, etc. Please use common sense and good judgment in your choice of materials.

Here we are agin, only now we're big enough to hug you back! And just look at all the things we can do! We've got some real neat new stuff too - like all our outfits. Gosh, there's even things like fuzzy slippers, a football and pom poms for you to make for us. We love them cause it makes our playin' more fun and we like to look just right when we do stuff and go places!

As you can see, some of us are just Babies and some of us have really grown up into Big kids. With your imagination, we can be any age you want us to be, and we can have lots of different looks too!

We're really ankshus to meet you in person and we can be with you in time to snuggle with at nite! Our instructions are written just like if Mom (the lady who made us) was sitting there with you, showing you how. So, you'll probly start thinking of all the special people you'd like to share us with, just for the fun of bringing us to life! Well, we hafta go now - see you soon!

Love, All the Big Kids and Babies

P.S. - Did ya notice that some of us have stitched eyes? You better watch out for those girl Big Kids" (they're eating peetza in the other room right now, so they don't know we're telling you this)... anyway, they've been trying out those "real" eyelashes and they keep flirting with all the boys! And then... the boy Big kids" start acting dumb... Yuk...

The Babies

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### Materials Needed for Big Kids & Babies

#### **FABRIC:**

\*½ yard 60-63" wide light-weight, non-run interlock knit. When choosing your fabric, look for runs at the cut end of the bolt, or if it runs when slightly stretched, this is not a good selection.

Dolls pictured have been made in colors of toast, camel, tan or flesh.

\*½ yard will make one doll and one extra head.

#### **NEEDLES:**

1. 3" long dollmaking/soft sculpture needles or darning needles (sizes 1/5) for sculpting.

2. Size 11 ball-point needle for sewing machine.

3. Small ball-point needle is nice for hand-sewing the head onto the body and for sewing yarn or fur onto the head (for sewing machine hairdos). Optional.

**4.** Yarn darner with large eye for sewing yarn directly into head (for hand-sewn hairdos only).

#### THREADS:

**1.** Quilting thread — extra strong (cotton covered polyester) to blend with fabric for sculpting.

**2.** Button and carpet thread — (cotton covered polyester) for securing head. (Thread will not show.)

**3.** Polyester or cotton covered polyester thread to blend with fabric for machine sewing, and to match fur or yarn for sewing machine hairdos.

#### FIBERFILL:

Approximately 7½ oz., extra resilient, non-lumping, washable polyester fiberfill.

#### AIR SOLUBLE MARKING PEN:

Marks disappear without washing. Used to mark eyes, hairlines and as a sewing aid for doll and clothing.

#### OPTIONAL MATERIALS

#### HAIR TREATMENTS:

1. Yarn — Use a fuzzy 100% acrylic or acrylic/nylon 2-ply or 3-ply which is machine washable and dryable. Be sure to get the fuzzy type (looks like mohair) for this special wispy look. One skein will make several hairdos for boys and about 1½ girl styles (depending on style).

2. Craft Fur - A 9" x 12" piece will make 1½ wigs.

**3.** Crochet Hook — Aluminum, size F or 5 for crocheted ringlets. (Yarn darner mentioned earlier is needed for ringlet style.)

**4.** Cardboard  $-8\frac{1}{2}$ " x 11" for yarn wrapping for

sewing machine girl styles.

5. Wire Coat Hanger or Crochet Fork — For wrapping yarn for sewing machine boy styles.

**6.** Afro Style Doll Wig — Size 13 (13"). See girl in bathing suit.

#### **EYETREATMENTS:**

Eyes on dolls pictured have been painted or embroidered. Please see "Bringing Baby's Face to Life" on pages 14 and 15 for materials. Buttons or moveable eyes may be used if you prefer.

#### CHEEKS:

Brush-on powder blush.

#### FUN STUFF TO GET FOR BIG KIDS AND BABIES

- Disposable diapers newborn size.
- Infants socks newborn size.
- Infants shoes size 0 "fits" just right, however, if you find some shoes that you just can't resist and there are no zeros, a size 1 or 2 will usually stay on feet — their feet just look a little bigger! The two kids on the "Summer Fun" page are examples...I just couldn't pass up those purple tennies!

Note: Many strap-style girl's dress shoes do not fit well, unless the top of the shoe is cut high. Usually, the doll's toes will not extend past the cut out area of shoe, so be sure to try them on before purchasing. (Girl in ruffled dress on back cover is wearing this style shoe.)

Pierced earrings — these are such fun! Pierce doll's

- ear with a large needle first, then earrings will slip right in.
- Baby clothes the baby dolls love to wear real infant's T-shirts, size 0 and diapers. The shirt will be a little large, but they don't mind . . . and they'll grow into it eventually!
- Other Accessories and Sources:

Doll ice skates (size 3" long x 1½" wide) and afro style doll wigs (size 13) are available in doll shops and doll supply catalogs.

The small soccer ball and the vinyl shoes worn by the three ball players were purchased at a local sports supply store. (Ball players can wear infants tennies.)

#### Sewing Jechniques

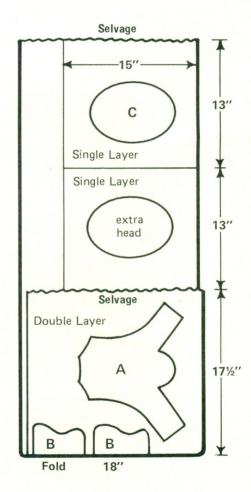
- 1. BACKSTITCH: REVERSE STITCH on sewing machine at all beginning and ending points.
- 2. SEWING MACHINE NEEDLE PLATE: To prevent skipped stitches on doll fabric, use needle plate with small round hole, rather than slit-style zig-zag hole.
- 3. CLEAN KNOT: Tie a knot in the ends of the thread as you normally would, then tie another knot directly on top of the first knot, adjusting tails and knots to slide second knot down onto the first knot. Trim off tails as close as possible to knot. The object is to have a nice round knot, large enough to "hold", but also visibly pleasing so that it does not detract from the features of the baby doll. (This knot is used to begin facial features. It is not necessary to be so meticulous on other areas of sewing the baby doll, as knots will recede into indentations of the fabric and will not be very noticeable.)\*

\*If you are familiar with guilting and other forms of needlework, the exposed knots may bother you. If so, experiment with your tension and knot size to pull the knots into the fiberfill.

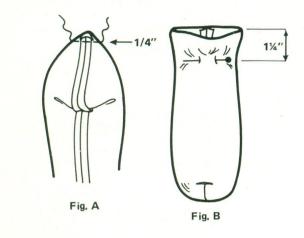
- 4. DIMPLE STITCH: Push needle and thread through fabric and filling to come up at a given point. Insert needle at a point 1/8 inch away from point where thread emerges, pushing needle through fabric and filling to exit at another given point. When needle and thread are pulled, a small dimple is made.
- 5. SECURE THREAD: Take a tiny stitch, draw needle and thread through, leaving a small thread loop. Pass needle through loop and pull loop down to fabric. On visible areas of the baby doll, insert needle into the fabric again; exit about one inch away. Pull on thread and cut close to fabric. The tails will then recede into the fiberfill.
- 6. THREADS: The button and carpet thread is used only for gathering the bottom of the head and is needed here for its strength. Use the extra strong quilting thread for all sculpturing. When doubled, it is very strong and does not visibly detract from the features of the baby doll. A double strength is used for all sculpturing and handsewing by using one strand of thread with the ends knotted together.
- 7. WHOOPS!: If you are not pleased with a particular stitch you've made simply cut the thread close to the needle and remove the stitch. Thread the tails back through the needle and continue on! Thread lengths given throughout instructions provide allowance for this.

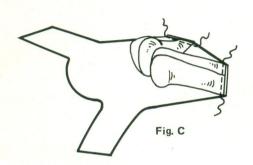
#### Pattern Pieces

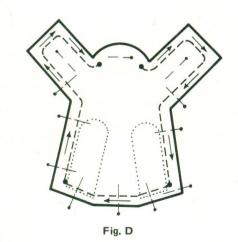
- A. Fold fabric with right sides together, so that pinned legs are ready to sew.
- B. The pieces should be cut so that the stretchier grain of the knit is going around the width of the doll, rather than the length. Please see pattern pieces and illustration of cutting layout. Use Patterns A, B and
- C. Fold fabric up 17½" and cut both legs on fold and body as shown. If desired, trace around patterns with air soluble pen, pin fabric layers, then cut.
- D. From single layer, cut a 13" x 15" rectangle for head. An extra head can be cut from excess fabric.

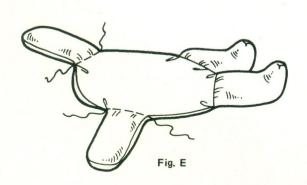


- E. Using air soluble pen, transfer dots and arm seams as shown on pattern to right side of one torso piece.
- F. Place head pattern on right side of 13" x 15" rectangle, positioning oval on correct grain lines as shown on pattern. Trace around pattern with air soluble pen. Mark starting point. Do not trim off excess fabric.









#### Sewing & Filling Legs

- A. Use a small stitch on your machine. Sew back of leg seams together, beginning at top of leg, ending at toe area. To eliminate pointed tip of toe seam, flatten foot by centering the "fold" line over the top of bottom of foot seam. Stitch straight across end of foot, ¼" down from tip. Reverse stitch all the way back across to secure. Fig. A.
- B. Turn legs right side out and fill each with fiberfill. Begin by filling bottom of foot first, before progressing up the leg. (If you just stuff the fiberfill in from the top and try to push the mass down, you'll have a difficult time filling out the foot area.) Fill feet firmly, but flexible enough to be able to "give" for different types of shoes. The end result should be nice, firm (not hard) legs, measuring about 7" around calf.
- C. Push the filling down into the leg so that about 1½" of fabric at the top is free of filling. The seam will be the center back of the leg. Center the front of the leg over this back seam. Align top edges of leg and insert a pin to keep the filling down. Fig. B.

#### Sewing Legs onto Jorso

- A. Sew tops of legs (place both seams either up or down) to right side of marked torso piece, close to edges, between dots. Fig. C.
- B. Pin torsos with right sides together, with legs sandwiched in between. Stitch, leaving neck open between dots. Fig. D.
- C. Turn right side out. Remove pins from legs. Insert needle in legs, close to torso area and pull filling back up in place.
- D. Fill arms with fiberfill, beginning with hand area, as you did for legs. Arms should measure about 5¼" around after filling. Push filling away from arm bend seamlines and stitch across marked lines. Fig. E.
- E. Torso may be filled now, or after limbs are sculptured. I prefer to stuff it later so that I have less bulk in my lap while working with limbs. At any rate, the filled torso should measure about 14½" to 15½" at all levels. Sometimes, there is a tendency to overstuff dolls keep your dollies very soft and cuddly!

These dimensions are given as guides to allow for variables in using different types of knits and in individual stuffing techniques. The clothing patterns allow for some leeway, but will fit the baby doll best if these guides are used.

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#### Foot & Knee Sculpture

Thread needle with a 48 inch length of quilting thread and knot ends together. Hold the baby doll upside down, front facing you. Begin with the left foot.

#### ANKLE:

A. Insert the needle on the inner side of the foot at ankle level (ankle level is indented at back of foot), one-third of the way between front and back of foot, toward front of foot. Exit through ankle, straight across to opposite side. Fig. A.

B. Reinforce outwardly by wrapping thread across front side of the ankle and inserting needle through the ankle again. Pull thread to cinch in the ankle.

C. Reinforce outwardly again. Insert needle back into left side of ankle and exit **through** foot just to the right side (1/16 inch) of the seam on bottom of the foot, 5/8 inch back from toe area seam. **Fig. B.** 

#### TOES:

A. Insert needle right next to point where thread now emerges. Exit needle straight down on front of foot, about 5/8 inch above ankle thread. See Fig. C.

B. Pull thread tightly and toe area will roll back. Insert needle in same hole on bottom of foot and exit in same hole on front to form big toe loop. Bend toe area back, adjust loop and pull thread tightly. See Fig. D. Repeat, while holding thread tension, this time exiting ¼" to left of stitch on front of foot, 5/8" above ankle thread. See Fig. E. Pull tightly.

C. Now, wrap thread straight up over the toe area to position loop of second toe and insert needle in bottom of foot at same level as previous stitch. (This should be ¼" to the left of first stitch.) Fig. F. Exit needle in same hole on front of foot. Guide placement of loop and pull thread tightly to form second toe. Repeat second wrap of same toe exiting on front to begin next toe (to the left and down).

D. Repeat Step C to form 3rd toe and to begin 4th toe.

E. Repeat Step C again to make first wrap of fourth toe. On second wrap, exit in same hole on front of foot rather than to the left. Fig. G. Pull tightly. Return needle from front to back, through toes. Fig. H.

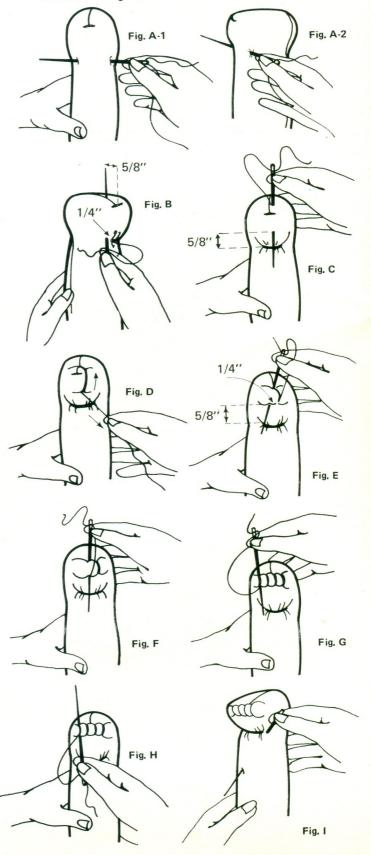
F. The small toe is not reinforced, but left loose as in the big toe. Insert needle in same hole on back of foot, exiting through foot and out at inner side of ankle (where you began). Do not secure thread. If any of the toes are puckered, simply insert needle and fluff up filling to remove any gathers. Pull up the filling to raise the small toe. You may wish to play around with the big toe some, too.

#### KNEES:

Knee level and width is your individual preference. Most of these babies have "fat" knees. Do 'em however you like!

A. Insert needle a few fabric threads away from point in ankle where thread now emerges and exit to the outside of the leg at knee level. Fig. I. Make a dimple stitch and reinforce invisibly through the leg from one side to the other to form knees. Pass the needle through the knee area about three times, until knee holds.

B. Secure thread in recessed dimple. Pass the needle through the knee to the other dimple. Pass it through again. Pull on the thread and cut close to the point of exit. The tail of the thread should recede back into the knee, as in quilting. Repeat process for the right foot (reversing to stitch toward the right) and knee.



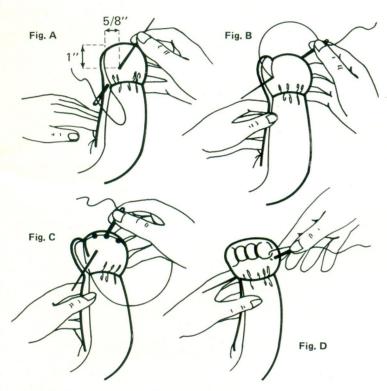
#### Hands & Jorso Sculpture

#### WRIST:

Thread needle with a 48 inch length of quilting thread and knot ends togehter.

NOTE: Begin with the left hand and hold the baby doll with the front facing you.

- A. Insert needle through the wrist from the little finger side to the thumb side, right behind\* each side seam at a level which is 1½ inches down from the top of the hand.
  - \* Do not split seam with needle.
- B. Reinforce outwardly by wrapping the thread around the inside (palm side) area of the wrist and inserting needle back through again. Pull on the thread to cinch in the wrist. Repeat.



#### HANDS (BABY FISTS):

You will be making four loop stitches over the top of the hand to represent baby's fingers curled down to the palm of the hand. (These stitches are like the blanket stitch/buttonhole stitch.) The stitches should be very short on the back side of the hand and very long on the palm side. The thumb stitch will be longer than any of the others and of equal length on both sides of the hand.

- A. Insert needle back into the wrist and exit on the palm side of the hand at a point which is 5/8 inch to the right of thumb seam and 1 inch below top of hand seam. Fig. A.
- B. Wrap the thread around the top of the hand; insert needle in the same spot on the back of the hand and exit in the same hole on the palm side. Pull thread tight and repeat. Thumb should hold. Fig. B.
- C. Place three straight pins in the top of the hand, each spaced 3/8 inch apart. The first pin should be 3/8 inch to the right of thumb thread.

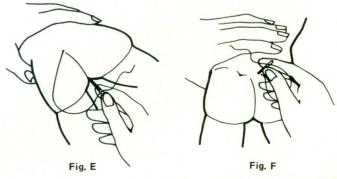
- D. Now, insert needle on back of hand ½ inch below pin and exit on the palm ¾ inch below pin and pass the needle to the left of exiting thread which you are holding. Fig. C.
- E. Pull on thread to form loop of index finger. Now, pull down on the thread and hold tension with your thumbnail as above.
- F. Make two more loop stitches in the same manner to form the next two fingers. After completing the fourth and final loop, pull down on the thread and insert the needle just to the right of the exiting thread and exit needle back down in the wrist, on the thumb side. Fig. D. Secure thread in the wrist area; pass the needle through wrist twice. Pull on the thread and cut.

Repeat process for the right hand, reversing so that thumb is up. Pinch baby's hands to crease thumb.

#### DERRIERE (Bummie, Buns, Rump, Tushie, etc.) and NAVEL:

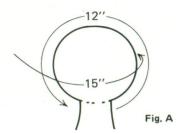
Thread needle with a 2 yard length of quilting thread and knot ends together.

- A. Insert needle in the center of the crotch area, just to the front of the crotch seam. Go through the inside of the torso and exit in the center of the back, about halfway up the back.
- B. Reinforce outwardly, by inserting the needle back down in the crotch area. Exit a couple of fabric threads above center top of bummie. Pull on thread to form tushie. Fig. E.
- C. Repeat Step B. Insert needle in backside to fluff up the fiberfill and remove any wrinkles around the center seam. Insert needle at top of derriere and exit straight through the body to point on tummy where you wish navel to be positioned.
- D. Make a dimple stitch, exiting through the body to a point on the backside ¾ inch to the left and slightly above top of bummie. Make a dimple stitch here and exit on tummy again, next to navel dimple. Pull on threads to make "inny" navel.
- E. Repeat Step D to make a dimple on the right side of the top of tushie. Fig. F. Make one more dimple stitch in navel, and exit back down through the body to the crotch seam. Secure thread twice.



#### The Head

NOTE — To be proportionate to the body of the baby doll, the completed head should measure approximately 15 inches in circumference at the widest level and approximately 12 inches (over the head) from seam to seam, both from front to back, and from side to side. Fig. A. Since knit fabrics vary in stretch, you may wish to alter the size of the oval to allow for such variables. The opening at the base of the head should be about 1½ inches. If you leave an opening any larger than 1½ inches, the head may be too large for the body.



#### PREPARATION:

- A. Thread the needle with a 24 inch length of button and carpet thread and tie ends together in two or three stacked knots to make a large knot. This 12" working length helps keep opening somewhat gathered up to aid filling process.
- B. Insert needle on seam line at beginning point and sew small (¼ inch) running stitches around the oval, ending next to the knot. Do not secure thread yet.

#### STUFFING:

About 4 to 4½ oz. of fiberfill is used. When completed, the head should be very, very firm so that if any area is pushed in with slight pressure it will barely move. When stuffing the head try to work the gathers out to the sides rather than working them up toward the top of the head. If you push the filling UP the cheeks will not be as full and you will have a very flat "chin".

- A. To begin, remove two **huge**, **firm** handfuls of filling from bag. Stuff this large mass into pouch. There should be enough so that it is difficult to push it all in. Some of the filling will still be exposed.
- B. About this time you probably wish you had one more hand! From this point on, use your chest as a brace when poking the filling down. If head now feels about as firm as a ripe tomato, you're doing fine! The more the head is filled before securing thread, the nicer the completed shape will be in the end. Hold the head against your chest, stuff the filling down with the fingers of your left hand, while drawing up the stitches with your right hand. (Pull threads the same direction as stitching toward the knot. If you pull the other way, you might tear the fabric.) Wrap the thread around one of the fingers of your right hand to keep stitching taut while stuffing. (Left-handed folks, please reverse these directions.)

- C. Pinch the threads which exit from the last stitch between the thumbnail and index finger of your left hand. The head should feel quite firm by now and the stitching should be difficult to keep taut. Draw gathers up leaving an opening about 1½ inch in diameter. Now, pinch threads tightly, as above, right next to the stitching and take a quick peek at the opening to see if it looks about right.
- D. While pinching threads tightly, secure thread next to last stitch. When pulling the loop down to fabric, hold on tightly to exiting thread and do not release until loop is all the way down to point you are holding. Otherwise, when you let go, the thread will slip and the opening will be too wide, because you are placing so much tension on the stitches. Secure thread two more times, then cut.
- E. Push the filling out from the center to the gathered area with your fingers. This helps loosen up the filling and bring out the base area more. Stuff a little filling down in the center of the head.
- F. Now, hold the head up to your chest again and stuff filling around the outside gathered areas. While stuffing, pull out on the ends of the excess fabric to help ease the filling in and the gathers out.
- G. The knot is at the center back of the head. At center front area, smooth gathers by pulling excess fabric sideways away from center front. The gathers will slide out to the sides as you pull. Continue stuffing any areas which are still very pliable. Shape the head with your hands to form into desired mold. For now, leave the excess fabric intact.

#### Face Sculpture

Please refer to illustration, on following page, for facial sculpture as you follow written instructions. You will be marking facial construction locations with straight pins to ensure a balanced face upon completion. Remove pins after you reach those locations. Please read each step as you progress. You will notice that some of the same points have been assigned two or three numbers and that the text coincides with these changes. This has been done so that once you've completed your first face, there after you can just follow the numerical sequence on the illustration without reading through the written instructions. You'll see that making a cute little baby face is not at all difficult — once you've done it!

NOTE: Use a ruler or tape measure to mark locations for face and ears. "Eyeing" these small lengths doesn't always work out too well the first time.

Thread needle with a 3 yard length of quilting thread and tie ends together in a clean knot.

#### PIN PLACEMENT:

Hold the head at your eye level, front facing you. At a level which is about three-fourths up from the base of the head, imagine the center of the bridge of the nose (where eyes meet nose). Insert pins at bridge/eye level at Points 3 and 7, % inch apart. Does it look centered? Good! At the same level, insert pins at Points 1 and 6, 34 inch away from inner pins. These are the outer corners of the eyes. Place pins at outer corners of the mouth (Points 2 and 5) 11/4 inches apart, about 2 inches below eye level. The mouth pins should be centered below the middle of each eye.

#### LEFT SIDE OF FACE:

A. Insert needle at Point 1 and bring it down through the cheek and exit at Point 2. Pull the knot down to the fabric but do not place any tension on thread yet. Insert the needle 1/8 inch to the right of Point 2, again going back up through the cheek, exiting 1/8 inch to the right of Point 1.

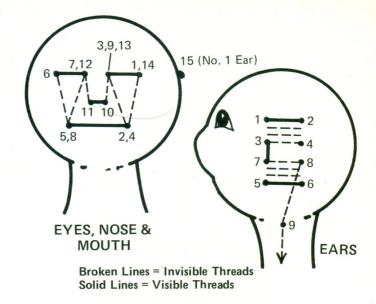
B. Now, pull up on the thread and squeeze cheek to mold. The eye corner will drop somewhat and the mouth will pull up to form cheek. While tightly holding on to this thread, insert needle again at Point 1 and repeat entire process, ending up at Point 1. Usually, two complete passes of the thread through the area will be enough to hold the sculpture. Point 1 now becomes Point 14 and Point 2 now becomes Point 4.

C. Insert needle at Point 3 (inner left eye corner), exit through the cheek at Point 4. Do not pull on thread yet. Insert needle at Point 4 and exit 1/8 inch to the left of Point 3.

- D. Pull on thread enough to sink the eye. If you pull too hard, the eye area might tend to bulge. If ever you've noticed that this has happened after you've completed the stitching, push the area down with your thumb. This process can be unpredictable at times . . . but that's what makes it fun and individualized! While holding upward tension on the thread, insert needle at Point 3 again and exit at Point 4. Reinforce invisibly by repeating, ending ending again at Point 4. Point 3 now becomes Point
- E. Dimple: (Continue to next step if you do not want a dimple.) To make a dimple, come back up to outer eye corner, insert needle a couple of fabric threads away and exit where you wish to place dimple. Make a dimple stitch, exiting back up in outer eye corner. Return through cheek, back to mouth to continue.

#### MOUTH AND RIGHT SIDE OF FACE:

- A. Insert needle at Point 5, exiting through the cheek 1/8 inch to the left of Point 6. Do not place any tension on the thread vet. Insert the needle at Point 6 and exit 1/8 inch to the left of Point 5. Now, pull a little tension on the thread (mouth will be unbalanced for now). Insert needle at Point 5 again and exit back up at Point 6. PULL on thread to balance face. Repeat to reinforce. Point 5 now becomes Point 8.
- B. For right eye, repeat Steps C and D above by inserting needle at Point 7, exiting at Point 8,



coming back up 1/8 inch to the right of Point 7. End at Point 8. Point 7 now becomes Point 12.

C. If desired, place a dimple on this side of the face by repeating Step E above, ending at Point 8.

#### NOSE:

A. Place two pins centered over mouth and between eyes 3/8 inch apart about 3/4 inch below eye level (Points 10 and 11).

B. Insert needle back into Point 8, exit through the face at Point 9. Insert needle a couple of fabric threads away from Point 9 and exit at Point 10. Do not go too deeply into face to make nose. Point 9 now becomes Point 13.

C. Insert needle at Point 11 and exit at Point 12. Insert needle at Point 12, exit through the bridge to Point 13. Reinforce invisibly by going back through bridge to Point 12. Pull thread slightly to pull nose up. Don't pull too hard or the bridge will rise a little. The bridge should be as flat as possible for this special baby look.

D. Insert needle back into Point 12 and exit under the eve area at Point 14. Do not secure thread. You will

continue from here to the left ear.

#### We hafta have ears so we can heer!

A. Insert a pin at Point 1 which is the top of the left ear. Point 1 should be at eye level about halfway between the back of the head and outer corner of eye. Insert a pin on the other side of the head. View head from the front to determine that pins are at the same level.

B. Use air soluble marking pen to mark the rest of the ear points;

Point  $2 - \frac{3}{4}$  inch to the right of Point 1.

Points 3, 7 & 5 are spaced ½ inch apart, directly below Point 1.

Points 4, 8 & 6 are spaced ½ inch apart, directly below Point 2.

Total ear length should be 11/2 inch and width should be ¾ inch. continued on page 14

- C. Insert needle a few fabric threads from Point 14 and exit at Point 1. Make a dimple stitch below Point 1 and exit at Point 2. Reinforce invisibly by making dimple stitches back and forth from the back of the ear to the front of the ear under the fabric in the area between Points 1 and 3 and Points 2 and 4. There should be about 3 dimple stitches on each side. Pull on the thread after each stitch to raise the earlobe.
- D. Take a small stitch and come back up to top of ear and reinforce outwardly by stitching between Points 1 and 2 over the fabric. Pull thread tight. Reinforce outwardly again this time exiting the needle down at Point 5.
- E. Reinforce bottom of ear invisibly with dimple

- stitches as you did at top of ear. Take a small stitch and come back down to bottom and reinforce outwardly between Points 5 and 6, as you did at the top. At second wrap, exit needle at Point 7.
- F. Insert needle at Point 3 and exit at Point 8. Insert needle in earlobe and fluff up the filling to pull lobe out and forward over front stitching. Pull on thread to cinch in the front of ear. Take a small stitch and exit needle at Point 9 (bottom of side of head) and secure thread twice.
- G. Thread needle with 1 yard of thread and knot ends together. Insert needle at top of ear (Point 1) to begin right ear. (Reverse points from front to back for right ear.)

#### Bringing Baby's Face to Life

Eyes . . . a similar look can be achieved through embroidered or painted eyes. Just select the method you prefer — materials follow.

#### **EMBROIDERING THE EYES**

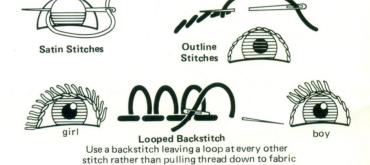
MATERIALS NEEDED FOR EMBROIDERED EYES:

- 1. Embroidery floss: White, black, brown\* and eye-color of your choice.
- 2. Sewing needle: With eye large enough for two strands of floss.
- \*Or desired shade for outline and lashes.



#### HINTS:

- 1. Cut a 30" length of floss from skein and separate strands. Use doubled strand to satin stitch eyes and one or two strands, as desired, for outline of eye and eyelashes.
- 2. How to thread floss into the needle:
  - a. Fold floss strand down a few inches from the
  - **b.** Slip the needle through the fold. Pull up on the fold with needle to help crease it.
  - c. Pinch the fold just below the needle with your thumbnail and index finger and slide the needle back out. This keeps fold held tightly in place.
  - d. While pinching, thread fold into eye of needle and pull the floss through.
- 3. To begin with a new strand of floss without a knot, thread needle as in Fig. A then, take a small stitch and pass needle through loop. Pull loop down to fabric.
- 4. Conceal all ending knots under stitched iris and cut tails close to knots.
- **5.** Since you're working on a base of knit fabric, do not pull stitches too tight or eye may pull out of shape. Also, try not to catch much fiberfill in stitches.



#### **DIRECTIONS:**

- A. Draw shape of eye with air soluble pen. Draw iris (see Step B of painting directions).
- B. Fill in iris with satin stitches, working horizontally.
- C. Next, stitch pupil in the same manner.
- D. Now, use white floss to fill in whites of eyes. Sometimes, getting down in the outer eye corners can be difficult, but if head is firmly stuffed, you'll be able to push down near outer corners to draw needle through. If not, make vertical stitches. When whites are completed, bring needle out at pupil to make a dot (light relection), using tiny satin stitches.
- E. Outline eye shape with brown floss, using small outline stitches.
- F. Use "looped backstitch" for eyelashes, placing stitches on top of outline. (See step E of painting directions for same appearance.)
- G. Cut loops. Separate fibers of floss with tip of needle for feathery look. Lashes may even be curled by gently pulling between thumbnail and index finger.

#### ORIENTAL EYES:

To give eyes an oriental look, draw more of an almond shape and extend the outer corners of the eyes past the stitching points. Paint or stitch brown outline of eye under this extended area to accentuate. (See boy in "Karate" outfit.) Make eyelashes a little shorter.

#### **PAINTING THE EYES**

Turn to page 4 for illustrated eye painting instructions. First of all, if you're not used to working with paint, don't worry about it . . . you can do it! You might wish to practice on paper first to get used to the technique, although it will feel a little different to you on the fabric. Just take your time, get comfortable and relax your hands. And remember . . . Perfectionism Stifles Creativity! Follow these steps the first time, and then do your own thing if you prefer!

#### MATERIALS NEEDED FOR PAINTED EYES:

1. Liquid acrylic paint: White, black, brown and eye-color choice.

2. Paint brushes: Small round brush and either a liner

or a spotter.

**3.** Gesso: (A liquid acrylic medium, white in color, used to seal fabric for preparation of painting eyes.) Optional — The white acrylic paint may be used instead, as it drys much faster.

**4.** Clear varnish: To seal paint, preferably acrylic for easy clean up. Also optional; if you think your child will pick at the eyes, seal to avoid scratches in paint.

#### HINTS

- 1. If this is the first time you've painted, it's easiest to paint brown eyes because there is no delineation between the eyeball, outline and eyelashes, where all areas meet.
- 2. Clean your brush often with bar soap and water, and always when changing colors. Use paper towels to blot excess water from brush. You can use an empty margarine tub when painting. Fill the tub with water and use the lid as a palette. You can even practice on the lid. If your painting is interrupted, simply place the lid back on the tub and close it. The moisture will keep the paint from drying. When you've finished painting, rinse out the tub and wash the paint off the lid.
- 3. Squeeze a small amount of paint on your palette. Dip the brush in the paint, to fill the bristles about halfway up. (Don't put the whole brush in the paint.) Now, roll the tip of the brush on the palette, while pulling brush toward you a little. Actually, see if you can dip, roll and pull, right in the paint, all in one motion. This fills the bristles and makes a nice tip. (You don't want any blobs hanging off the end of the brush.)

Your brush will flow easier if you have a good amount of paint in the bristles. When doing work with the liner brush, use a good amount of paint but really work at achieving a nicely pointed tip. Also, use a very light touch with the liner brush. Play around a little and practice to get the feel, then develop your own techniques.

**4.** If your first baby is going to have hair, practice a few strokes on the top of the head — eyelashes, thin lines, etc.

5. On brown fabric, use black paint for eyelashes and eye line, where instructions call for brown paint.

**6.** On light fabric, a drop of white paint will cover an accidental drop of brown paint, or vice versa on darker fabric!



#### **DIRECTIONS:**

A. Mark the eye shape lightly with air soluble pen. Using a small round brush, apply either two coats of Gesso\* or two to three coats of white acrylic paint to seal the fabric. (Let dry between coats.) Paint entire eye shape and cover the eye threads with the medium.

\*I prefer to use the white acrylic paint as it drys much faster than Gesso.

B. Draw the iris lightly with a pencil. Make the iris nice and big and try to draw them glancing off towards the right ear, somewhat. To achieve this effect, there should be a little more of the white of the eye showing on the left side of each eye. Make sure both eyes have an equal amount showing.

C. Paint the iris desired color, using the small round brush. Do both eyes appear balanced and the same size? If not, touch them up until they do. Let dry.

- D. Using the brown paint and the liner brush, paint a thin line around the eyeball. Paint directly on top of the white and the iris. This thin line can be used cosmetically to balance the corners of the eyes if they are slightly off. For instance, if one inner eye corner is lower than the other, end the line slightly higher to match the level of the other eye. Use a very light touch to make a thin line.
- E. Using the liner brush and brown paint again, paint the eyelashes as follows:
  - GIRL Use very light strokes with the brush to achieve a feathery, baby look to the lashes. Just relax your hand and freely make very light strokes rather than defined little lines. Make the lashes longer at the outside edges of the eye. Make them shorter along the top of the eyeball and just a few little specks toward the inner eye corners. The direction of your brush strokes will be an individual preference.

BOY — Use very light strokes as above, but paint only about four or five lashes at the top of the eyeball. Make the lashes point toward the right ear on each eye. I usually draw the brush from left to right and lift the brush when I reach the eyeline.

F. L'sing the liner brush, paint the pupil black. Make a nice large pupil so that baby doesn't look beady-eyed! Let dry. If desired, outline the sides of the iris with the black paint by painting a thin line directly on top of edge of iris.

**G.** Using the liner brush and white paint, add light reflections. For the girl, paint a tiny little heart, extending the tip down into the pupil. For the boy, paint a tiny star. Keep your brush tip very pointed.

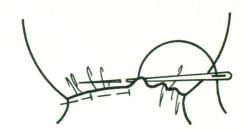
H. Using the liner brush and brown paint, paint freckles, if desired. Use just a little paint on the brush, keep the tip very pointed and barely touch the fabric with the tip. Scatter the freckles unevenly.

I. Seal paint with a clear varnish, if desired. This is optional, not necessary. If you think your child will pick at the eye, seal to avoid scratches in paint.

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#### Joining Head to Body

- A. Tie a strip of selvage of fabric around the excess fabric of the head, just below the stitching area. Cut off the excess tails, leaving a stump about 4" long.
- B. Poke a hole in the filling in the center of the torso area and twist head down into body. Smooth stump tails down into body. Center the head between the shoulders. The shoulder seams should be lined up with center sides of head.
- C. Fold in the seam allowance 1" at center front of torso/neck edge. Pin to head at fold. Repeat for back center, folding seam allowance only ½". Poke more fiberfill around neck area. Does the placement of head look good to you? Good! Now, pin rest of the neck edge to head. (Seam allowance fold will narrow as you reach shoulder seams.)
- D. Thread needle with 1 yard of quilting thread and knot ends together. Either whipstitch or backstitch\* securely, beginning at center back of head. Work out any facial wrinkles as you progress and remove pins as you reach them. Secure thread two or three times to finish.



#### \*BACKSTITCH:

- **1.** Take a small stitch in the fold of the torso. Do not pull needle through.
- 2. With first stitch on needle, take a small stitch in head, slightly to the left of Step 1 stitch. Pull needle and thread through.
- **3.** Take a small stitch in the fold of torso, **directly below** Step 2 stitch. Do not pull needle through. Repeat Steps 2 and 3 until head is sewn on. Pull stitches tightly.

#### CHEEKS

Apply powder blush to cheeks.

### Hairstyles SEWING MACHINE STYLES FOR GIRLS

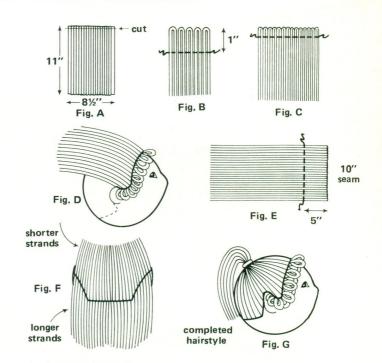
These are super-quick yarn styles to do on the machine. Yarn is then attached to the head by hand. You'll need a piece of cardboard, approximately  $8\frac{1}{2}$ " x 11". Recently, a lady wrote to tell me how her child actually sat at her feet for hours while she made the baby doll, waiting for that little doll to be finished! Another gal wrote in to say that her two children played with the bodies while she made the heads! So, if you've got anxious children waiting in the sidelines, you might be interested to know that a single pony tail hairdo is the quickest yarn style for a girl baby doll. It also takes less yarn than two pony tails. It can be machine stitched in about 15 minutes and then sewn on the head in less than an hour.

For the following hairstyles, use air soluble pen to draw front hairline on head, setting line back to allow for curls or bangs. Draw hairline behind ears and along nape of neck.

#### LONG SINGLE PONY TAIL WITH BANGS (See "Baton Twirler"):

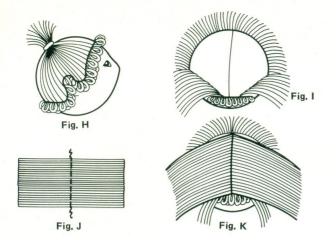
#### FRONT SECTION:

- 1. Wrap yarn around 11" side of cardboard about 40 times. Cut yarn along one side and lay strands across your lap at the sewing machine. Fig. A. Pick up five strands, fold in half, and sew across (about 10 stitches per inch) one inch down from fold. Fig. B. (Five strands should yield a strip about one inch long after stitching.) Pick up another five strands, butt them up next to sewn piece and continue to stitch. Fig. C. Repeat until all strands are sewn into continuous strip.
- 2. Pin yarn strip to front hairline, placing seam on drawn line. Sew by hand using doubled thread and a backstitch. Fig. D.



#### **BACK SECTION:**

- **3.** Wrap yarn around 11" side of cardboard about 50 times and cut along one side. Lay flat under machine and sew across width of clump, 5 inches from one end. Seam length should be about 10". Fig. E.
- **4.** Pin yarn (unfolded) to head, placing seam along drawn hairline, with shorter strands on head and longer strands dangling. **Fig. F.** Sew as in Step 2. Fold yarn up to crown and secure with front section into a pony tail. Tie with yarn. Trim. **Fig. G.**



#### SHORT SINGLE PONY TAIL WITH CURLY HAIR-LINE (See"Dancer in Leotards")

1. Using 8%'' side of cardboard, repeat Steps 1 and 2 above for entire hairline, front and back. Fig. H.

#### TWO PONY TAILS WITH CURLY HAIRLINE (See "Cheerleader")

1. Repeat Steps 1 and 2 of "Baton Twirler" for entire hairline. Draw center part line with air soluble pen. Fig. I. To make section for part line, follow Step 3, but sew down center of clump rather than 5" from the end. Fig. J. Sew to head as in Step 2. Fig. K.

#### SEWING MACHINE STYLES FOR BOYS AND GIRLS

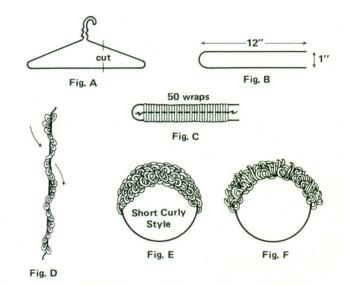
#### SHORT, CURLY STYLE

This hairdo is quick and easy to do on the machine. It will only take about 15 minutes to make the curls, then a little over an hour to sew them on the head. You'll need a wire coat hanger. (If you plan to make several dolls, you may wish to purchase a crochet fork. It's very nice to work with and is only a few dollars. Check with your local craft, sewing or needlework stores.)

#### Preparation:

Untwist coat hanger and cut with wire cutter or old scissors. Fig. A. Straighten out top so that hanger looks like Fig. B. Hanger loop should be about 12" long with a 1" space down the center.

- 1. Wrap yarn around hanger 50 times as follows. Wrap toward closed end and hold beginning end of yarn with your right hand as you wrap. Wrap loosely enough so that 1" space is still intact. Wrap in groups of 10, then slide groups down each time until 50 wraps are completed.
- 2. Cut end of yarn and slide hanger under presser foot. Sew down the center of yarn, using about 10 stitches per inch. Fig. C.
- 3. Slide yarn strip off of hanger. It should measure about 10 to 11 inches.
- **4.** Twist strip to form loopy curls. **Fig. D.** Make six of these strips to cover head.
- 5. Draw hairline with air soluble pen. Pin twisted strips around hairline and sew to head using doubled thread and a backstitch. Then, fill in center of head, one strip at a time, in the same manner. Fig. E.



#### VARIATIONS OF SHORT, CURLY STYLE

- After sewing curls on head, cut some of the loops (about every other one). (See "Boy in Pajamas"). Fig. F
- 2. The same style can be used for baby girl dolls too . . . after all, very young babies don't usually have too much hair!
- 3. Any of these curly styles may be sewn by hand using loop stitch and yarn darner. (See Hand-Sewn Hairdos).

#### HAND-SEWN HAIRDOS

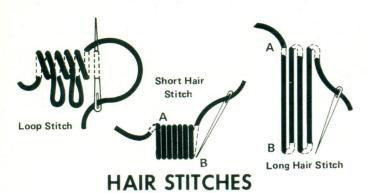
#### **General Directions & Hints**

Use fuzzy acrylic yarn and a yarn darner. The hair is sewn directly onto the scalp using only three different stitches to do all hairstyles. Use the air soluble pen to draw the hairlines. If baby will have bangs, set the line back above the eye area, as this will be the stitching line and bangs will extend beyond the line.

All hair is sewn on using a doubled piece of yarn. Use a length as long as is comfortable for you. Do not knot ends together.

To thread yarn into needle, see "Embroidered Eyes" on page 14.

No knit fabric is run-proof and once in a while you'll notice a run beginning. A quick dab of nail polish will stop it. Let dry and continue on. Be gentle when pulling needle and yarn through scalp. Remember, babies have tender heads!



#### LOOPSTITCH:

1. Take a small 3/16 inch stitch.

2. Pull yarn through, leaving a 1 inch tail.

3. Take a small stitch right next to first stitch.

4. Pull loop all the way down to fabric.

5. Take a small stitch right next to last stitch.

6. Pull yarn down enough to leave a loop.

7. Repeat Steps 3 through 6 to cover area.

8. End yarn length with a Step 3-4 stitch to secure. Trim off tails.

#### SHORT HAIR STITCH (Satin Stitch):

This stitch is used to cover the scalp with short strands where the distance from one point to another is very short. This stitch wraps the scalp, like a circle, half of which is exposed; the other half is beneath the scalp.

1. Take a small stitch at Point A. Pull yarn through to leave a tail. Insert needle at Point B, with the tip of the needle pointed toward Point A. Bring the needle and

yarn under the scalp to exit back at Point A.

2. Continue inserting needle at Point B and exiting at Point A until area is covered, end at Point A.

#### LONG HAIR STITCH:

This stitch is used to cover the scalp with long strands of yarn in the directions of natural growth, parts, etc. To begin, take a small stitch and pull yarn through, leaving tails as per style instructions. To end, return to beginning point by passing needle through the head and leave tails as per style instructions. Style instructions will state beginning points.

This stitch is like making a very close, long zig-zag on top of the fabric from one line to another to fill in the area between. Keep the stitches close together and even along the neckline.

1. Take a small stitch at Point A, pull yarn through to leave a tail. Insert needle at Point B, with tip of needle pointed back toward Point A. Exit needle 1/8 inch above needle insertion.

2. Pull yarn through to bring strands down to cover scalp. Insert needle back up in Point A line, next to previous stitch with tip of needle pointed down towards Point B. Exit needle 1/8 inch below needle insertion and pull yarn through to bring strands down to scalp. There are now four individual strands of yarn covering the area.

3. Repeat these stitches between Points A and B until area is covered with yarn. Keep an eye on length of yarn remaining . . . be sure to leave enough to end back up at Point A.

#### **Crocheted Ringlets**

(Use a size F [5] aluminum crochet hook)

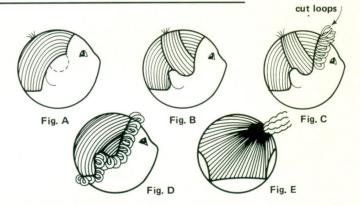
#### SINGLE PONY TAIL STYLE WITH STRAIGHT BANGS/PLAIN HAIRLINE (See "Ice Skater" in blue)

1. To make ringlet, chain 30, leaving an 8" tail. Working through top loop only, make 3 double crochets in second chain from hook, and in each chain across. Tie off, leaving an 8" tail. Twist to form ringlet.

Pony tail contains six ringlets, three made as above, two with a chain 25 base and one with a chain 20 base.

2. Cover head from bang area to nape of neck with long hair stitches, with any tails ending at pony tail position. Fig. A. Then, cover sides of head (in front of ears) with long hair stitches, going all the way across from side to side (as if hair were drawn up into pony tail). Fig. B. Make a row of loop stitches along bang area and cut loops. Fig. C.

3. Attaching Ringlets: Thread one tail into yarn darner. Take a stitch in head and pull through to bring ringlet down to head. Take one more stitch to secure. Remove needle, but do not cut tail. Repeat with second tail. After all ringlets are attached, divide tails into two groups and tie them together in a knot. Wrap tails around base of pony tail and tie again. Repeat several times, ending on underside of pony tail.



#### SINGLE PONY TAIL STYLE WITH CURLY HAIR-LINE (See "Ballerina")

1. Follow Step 1 for "Ice Skater's" style to make ringlets. To cover head, make long hair stitches from bang area to nape of neck as in Step 2, Fig. A. Then, cover area on side of head (in front of ears) with short hair stitches. Fig. D. Make loop stitches around entire hairline. Note: If desired, hairline curls and bangs can be made on the sewing machine and attached with thread. See instructions for "Boys Short Curly Style". Attach ringlets as in Step 3 of "Ice Skater's" style.

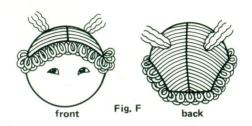
#### SINGLE PONY TAIL ON SIDE OF HEAD (See girl in "Ruffled Dress" on back cover)

1. Follow Step 1 of "Ice Skater's" style to make ringlets. To cover head, make long hair stitches radiating into pony tail position as in Fig. E. Complete hairdo following directions for "Ballerina's" style.

#### TWO PONY TAIL STYLE WITH CURLY HAIRLINE (See red-head on cover)

1. For two pony tails, ringlets should be thinner and a little longer. Make five ringlets for each pony tail by using a single crochet instead of a double crochet. Make three with a chain 35 base and two with a chain 25 base for each pony tail. (See Step 1 for "Ice Skater" style.)

2. Cover head with long hair stitches meeting along center of head for center part. (Draw part line with air soluble pen.) Any tails should end at pony tail positions. Fig. F. Make loop stitches around entire hairline, placing a double row of loops for bangs. (See notation in "Ballerina" style instructions.) Attach ringlets as in Step 3 for "Ice Skater's" style.



#### **Curly Hairstyles**

#### BOY'S SHORT CURLY STYLE

Make loop stitches all around the hairline. Cover scalp with loop stitches. (Divide the scalp into sections and fill them in.) Leave loops intact, or cut every other one.

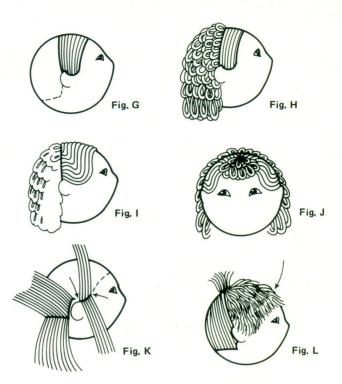
#### GIRL'S LAYERED CURLS (See blonde girl in shorts and top on "Summer Fun" page)

and top on "Summer Fun" page)

1. Cover top of head with long hair stitches from front hairline back to crown only. Fig. G.

2. Cover back of head from nape of neck up to crown with loop stitches. Loops should be longer along the bottom, graduating to shorter lengths as you reach the top of the head, as if hair were layered. Fig. H.

3. Now, to form center-parted "wings" cover the top of the head again in long hair stitches, keeping yarn loose so that waves are formed. (Do not pull yarn strips all the way down to head.) Fig. I. To finish, make a few long loop stitches at center part for bangs. Fig. J.



#### SHORT PONY TAIL/LONG BANGS EXTENDING ON SIDES OF HEAD (See Oriental girl on back cover)

Note: This style combines hand-sewing with machine technique.

1. Use 8½" side of cardboard and follow Step 3 of "Machine Sewn Long Single Pony Tail", except sew across center of clump. See Fig. J, page 17. Mark hairline with air soluble pen.

2. Pin yarn (unfolded) to head, placing seam along drawn line, on back hairline only. Now, place short strips from remaining length ¼" in front of ears to extend 1" out from ears. Fig. K. Backstitch yarn strips to head with doubled thread.

3. To make bangs and shorter bang-like hair on front sides of head, (in front of ear) make loop stitches, with loops being about 2" long on top of head and about 1" long around front hairline. Fig. L. Cut loops. Pull yarn up into pony tail, catching some of the long loops on crown in pony tail to secure. Tie with yarn.

#### **FUR HAIR WIGS**

FUR HAIR WIGS (See three-year-old in "Nightie" set and boys in "Soccer" and "Karate" outfits)

#### Use Patterns 10\* and 11

\*Note optional cutting lines on wig front. Use outer cutting line for oriental style or for any wig made of black fur which will be combed forward, as shown in this style.

From a  $9'' \times 12''$  piece of craft fur: Cut one wig front  $(10^*)$  as in Steps 1 and 2 below. Cut one wig back (11) as in Steps 1 and 2 below.

- 1. Brush or comb fur piece following direction of nap. On wrong side of fur, pin patterns or trace around them. Be sure that arrows on patterns are pointing toward direction of nap.
- 2. Cut out by snipping backing only with tips of scissors (do not cut pile).
- 3. When sewing wig, push fur away from edges to avoid catching pile in seams. Sew front to back along crown. Sew darts in back.
- **4.** Position wig on head and pin in place. Just stick pins directly into head rather than placing sideways. (Don't worry, pins do not hurt dolls until they are absolutely finished!) Sew around edges by hand with a backstitch, using doubled thread.
- 5. Brush into desired style, then trim as needed.

### Clothing & Accessories

#### **FABRIC AND NOTIONS HINTS**

1. KNIT FABRICS: Many of the garments and accessories are made from knits. For best results, both in sewing and wear and tear from playing, select non-run interlock knits.

2. ELASTIC: Unless indicated otherwise, %'' wide is used. %'' wide may be used in casings for football/baseball pants and

shorts, if desired.

3. BIAS TAPE: Used to enclose raw edges and as decorative trims. When making a garment which calls for tape, use thread

color to match.

4. CLOSURES: You can use whichever methods you prefer—sew-on snaps, Velcro®, real buttons and buttonholes, or real socket/stud snap fasteners. Remember, the more "real" the clothes are, the better the children like it! So do adults! In some cases, a particular closure method may be more suitable to fabrics recommended and will be listed in the materials.

#### **SEWING HINTS**

1. You may find it easier to use Trace 'N' Cut method for many of the pattern pieces, rather than pinning paper to cloth and then cutting. Simply hold the pattern down on the fabric and trace with air soluble pen. If fabric is slick, pin to secure layers, then

cut on tracing line. Transfer pattern markings to fabric with pen too.

2. Use ¼ inch seam allowance and place fabric with right sides together, unless indicated otherwise.

3. When working with knit fabrics or patterns for shoes (uppers), pay close attention to direction of "Stretch" and "Lengthwise Grain" arrows on patterns for layout.

4. Machine Gathering: Set machine for longest stitch setting. Generally, two parallel rows of stitching are used, spaced 1/8" apart, leaving thread tails at each end. On many of the smaller pieces you'll be able to use just one row of stitching.

5. Working with Elastic: Inserted through casing or topstitched

in place.

a. Casings: Attach a small safety pin to end of elastic to thread through the casing. Draw up garment as directed, pin elastic, then cut off excess elastic. Stitch ends together using a ball-pointed needle in the machine. Topstitch opening closed.

b. Topstitched: Be sure to use a ball-pointed needle. Place end of elastic at edge of garment, slowly sew back and forth to secure the end. Then, with the needle down, pull elastic to stretch out, almost to capacity, and begin sewing. Whenever you stop, make sure needle is down. Continue to stitch while pulling until you reach the end of the garment. Cut off excess elastic.

# We can look any way you want us to ...

#### PINK DRESS AND PANTIES

Isn't she sweet in her party dress? For a school dress, substitute rick-rack for the lace, or just leave it plain! For Easter, a matching bonnet would be nice — just use Pattern 39, an additional ¼ yard of fabric and refer to directions for bonnet worn by ice skater. See pictured project on front cover.

#### MATERIALS NEEDED:

½ yard fabric for dress and panties 5 yards pre-gathered lace Small bow for dress front Elastic for sleeves and panties 2 closures for dress

#### Refer to cutting layout and use Patterns 1, 2 and 6

Cut two dress bodices (one is lining) (1) Cut two dress sleeves (2) Cut one skirt, 6" x 44" Cut four panties (6)

# Fold Fold

#### DRESS:

1. Cut center back open along fold line on both bodice pieces. Stitch bodice to lining beginning at lower center back edge, around neckline, ending at lower left center back edge. Clip curve at neckline.

- 2. Turn right side out and pin to keep in place. Topstitch close to seamline.
- 3. Machine gather upper edge of sleeves, between dots. Pin sleeves to armholes, adjusting gathers to fit. Stitch.
- 4. Fold sleeve hem under  $\frac{1}{4}$ " and stitch. Fold hem under  $\frac{1}{4}$ " again and stitch lace to underside. Stitch elastic on top of bound edge of lace.
- 5. Stitch front to back along sleeve/underarm. Stitch lace around waist with ruffled edge facing neckline. Stitch lace around neckline, as pictured.
- 6. Turn skirt hem under  $\frac{1}{4}$  and stitch. Turn under again  $\frac{1}{2}$  and stitch lace to underside. Stitch a second row of lace along bottom of dress, as pictured.
- 7. Machine gather top of skirt. Fold skirt into quarters to determine center front and side positions. Pin to bodice, adjusting gathers; stitch.
- 8. Affix closures at neckline and waist. Sew bow to dress front, as pictured.

#### PANTIES:

- 1. Stitch fronts to backs along side seams.
- 2. Turn leg hem under  $\frac{1}{4}$ " and stitch. Turn under  $\frac{1}{4}$ " again and sew lace to underside of leg edges.
- 3. Stitch elastic along leg edges, next to lace.
- 4. Stitch center front and center back seams. Stitch crotch
- 5. Turn waist under % and stitch. Turn under % again and stitch elastic to underside.

#### KARATE OUTFIT

#### MATERIALS NEEDED:

½ yard white fabric for pants and shirt 34 yard 1/2" wide double fold bias tape (white) 34 yard 1" wide black grosgrain ribbon for belt Elastic for pants

#### Use Patterns 43 and 44

Cut two pants (43) Cut two shirt fronts (44) on cutting line Cut one shirt back (44) on fold

- 1. Stitch hem in leg bottoms. Fold hem inside ¼" and stitch; fold again 34" and stitch.
- 2. Stitch pants together along center front and center back seamlines. Stitch inseam.
- 3. Stitch waist hem: Fold hem inside ¼" and stitch; repeat.
- 4. Sew elastic along inside edge of waist on pants back only (from side to side).

- 1. Stitch fronts to back at shoulder seams.
- 2. Turn sleeve hem under 14" and stitch; fold again 34" and
- 3. Beginning at center front bottom edge, bind center fronts and neck in bias tape.
- 4. Stitch side seams to dot. Clip curve. Fold seam allowances below dot to inside and stitch.
- 5. Hem bottom edge of shirt. Tie ribbon around waist in a square knot.

#### KIMONO, LONG PANTS & SHOES

I'd rather be playing in my shorts and top, but sometimes Mom makes me get all dressed up and puts a flower in my hair!

#### MATERIALS NEEDED:

1/3 yard fabric for pants and shoes 1/4 yard fabric for kimono 1-1/8 yards 1/4" wide contrasting bias tape for kimono 1 frog closure for kimono Elastic for pants

Use Patterns 7, 8, 12, 13 and 43

#### KIMONO:

Cut two kimono fronts (7) Cut one kimono back (8)

- 1. Stitch fronts to back at shoulder seams. Hem sleeves.
- 2. Stitch side seams. Clip underarm curve.
- 3. Beginning at back of neck edge, bind entire outside edge with bias tape.
- 4. Try kimono on doll to position frog closure; sew in place.

#### PANTS:

Cut two pants (43)

Make pants followings steps 1 through 4 of "Karate" pants.

#### **BOOTIES/SHOES:**

Cut four shoe soles (12) Cut four shoe uppers (13)

- 1. Stitch two shoe uppers together along top edge only. Clip curve. Turn right side out and topstitch close to sewn edge. Repeat for second set.
- 2. Stitch center back seams.
- 3. Place sole pieces with wrong sides of fabric together and pin

in center. Pin upper to double layer of soles, matching center back seam to heel and center front area to toe area. Spread center back seam allowance open. For best results, pin entire edge. Stitch, stretching edge of upper a little, as needed, to fit sole.

4. Optional (depending on fabric choice): Zig-zag seam allowance to prevent fraying.

Other Ideas: Shoes or booties can be made to match outfits, from leftover scraps or 1/8 yard fabric. How about sewing ribbon to top of back edge to make ties . . . trim with lace, rick-rack, bows, artificial flowers, buttons...

#### RUFFLED DRESS AND PANTIES

It's a beautiful summer day and I'm going to a very special party! I love my dress!

#### MATERIALS NEEDED:

1/6 yard white fabric for dress base 1/8 yard each of pink and lilac fabrics for ruffles 1/3 yard blue fabric for ruffle and panties 1/3 yard 1½" wide pre-gathered white lace for collar/straps 11/4 yards each of baby rick-rack in pink, lilac and blue ¾ yd. pink ½" wide double fold bias tape for top of dress 1 closure for dress Elastic for panties Threads - pink, lilac, blue and white

#### Use Patterns 3, 4 and 6

From white fabric: Cut one dress front on fold (3) Cut two dress backs on cutting line (3)

From pink fabric:

Cut one top ruffle on front fold line (4) Cut two top ruffles on back cutting line (4)

From lilac fabric:

Cut one ruffle, 3½" x 44" (from selvage to selvage)

From blue fabric:

Cut one ruffle, 31/2" x 44" (from selvage to selvage) Cut four panties (6)

- 1. Transfer ruffle stitching lines to dress front and back with a pencil.
- 2. Stitch dress backs to front along side seams. Repeat for pink ruffle.
- 3. Hem ruffles and dress as follows: Note Each ruffle should be 21/2" wide after hemming.
  - a. Blue Ruffle: Turn hem under 1/2" along both long edges and press. Fold raw edges to inside as you sew to make 14" hems.
  - b. Lilac Ruffle: Repeat step (a).
  - c. Pink Ruffle: Repeat step (a) along straight edge only. Hem center backs.
  - d. Dress: Hem center backs and bottom of dress as in step (a).
- 4. Sew rick-rack along bottom hems of ruffles, sewing pink on blue ruffle, blue on lilac ruffle and lilac on pink ruffle.
- 5. Machine gather top edges of blue and lilac ruffles, just below hem stitching line.
- 6. Machine gather pink ruffle along top edges and armholes (working in five separate sections) 1/4" from raw edge.
- 7. Pin pink ruffle to top of dress, adjusting gathers; stitch. Enclose entire top edge of dress in bias tape.
- 8. Pin lilac and blue ruffles on dress, matching hem seamlines to pencil lines on dress. Stitch.
- 9. Sew bound edge of lace to outside of front top edge of dress and to underside of back of dress to form collar and straps. Affix
- 10. Make panties following directions for panties with "Pink Dress", page 20, disregarding reference to lace.

### We can play ball...

This is a real active bunch of kids! Use your own team colors and trims to really make them special! The kids will love them, especially if you personalize with team initial or player's number. Use iron-on mending tape to personalize. Just cut out an initial or number and press on shirt, following manufacturer's instructions.

Sport related sew-on appliques can be added for another special touch. Oh, the kids want me to tell you that they hope you'll introduce them to lots of folks — they want to be presented to coaches and team mothers as gifts . . . they want to be team mascots . . . they want girls to make them for their boyfriends . . . but most of all they want to PLAY BALL . . . with somebody who loves their sport! They'll even play with girl Kids! Use soccer outfit patterns for girls too! If you prefer, girls can play softball in shorts instead on long pants and leggings!

#### **BASEBALL PLAYER**

PANTS, SHIRT, CAP, LEGGINGS, BAT AND GLOVE

#### MATERIALS NEEDED FOR PANTS:

1/4 yard (white) knit fabric

½ yard ¼" wide double fold bias tape for stripes (or use strips cut from contrasting color shirt fabric)

#### MATERIALS NEEDED FOR SHIRT, CAP AND STIRRUP LEGGINGS:

¼ vard solid color knit fabric

1-2/3 yards 1/4" wide double fold bias tape (white)

Two closures for shirt

Applique for shirt

Note — Player wears white infant stretch socks under leggings

#### MATERIALS NEEDED FOR BAT:

1/3 yard (tan) non-run interlock knit fabric Polyester fiberfill

#### MATERIALS NEEDED FOR GLOVE:

¼ yard (camel) knit fabric

6" x 16" piece of polyester batting

Use Patterns 49, 50, 51, 52 and 54 through 61

#### PANTS:

From white fabric:

Cut 4 pants (54)

From solid color shirt fabric:

Cut two  $3/8^{\prime\prime}$  x  $8^{\prime\prime}$  strips with the  $8^{\prime\prime}$  length running along the lengthwise grain of the fabric.

- 1. Sew fronts to backs along side seams. Topstitch stripes to outside of pants, centering stripe over side seams. Stitch with matching thread, close to edges of stripes.
- 2. Sew center front and center back seams.
- 3. Sew legs together along inseam.
- 4. Hems: Turn waist and legs under 1". Stitch close to raw edge, leaving openings on backsides for inserting elastic.
- 5. Insert elastic through casings. Draw up waist to 11" and legs to  $5\frac{1}{2}$ ". Stitch ends of elastic together and stitch openings closed.

#### SHIRT:

From solid color fabric: Cut one shirt front (V-neck) (49) Cut one front facing (50) Cut two shirt backs (51) Cut two back facings (52)

- 1. Follow steps 2, 4, 5, 6 and 8 for "Soccer" shirt, disregarding reference to collar.
- 2. Sew bias tape along sleeves,  $\frac{1}{2}$ " from hemmed edge, and around neck edge (fold tape over at center front neckline for sharp "V").
- 3. Follow steps 9 and 10 of "Soccer" shirt instructions.

#### CAP:

From solid color fabric: Cut two caps (55) Cut two cap brims (56)

- 1. Sew cap together along seamline.
- 2. Fold the cap the opposite direction and stitch a narrow seam across the other direction to give the illusion of four sections.
- 3. Bind the edge of the cap with double fold bias tape. With wrong sides together, bind the outside edge of the brim in bias tape.
- 4. Pin brim on hat and topstitch along cap binding to attach.

#### STIRRUP LEGGINGS:

From solid color fabric: Cut four leggings (57)

- 1. Sew leggings together along center seams and foot seam.
- 2. Hems: Turn front edges under and stitch. Repeat for back edges and top.

#### BAT:

From tan fabric: Cut two bats (58)

- 1. Sew bats together, leaving open between dots. Trim seam allowances at top and bottom of bat to 1/8".
- 2. Turn right side out using tweezers (see step 2 of "Baton").
- 3. Stuff firmly with fiberfill, filling ends first. Pin opening closed and sew by hand.

#### GLOVE:

From camel fabric and batting: Cut two glove palms (59) From fabric only: Cut two glove backs (60) Cut two straps (61)

- 1. Place palms right sides together with two layers of batting underneath. Sew wrist seam only through all four layers (batting side down under machine).
- 2. Flip upper fabric over so that batting is sandwiched between both sides. Pin, matching outer edges. Topstitch along wrist seam "" from edge.
- 3. With air soluble pen, draw two lines as shown on pattern. Topstitch on lines from wrist to top.
- 4. Sew straps to thumb side of glove backs, as shown on pattern, right sides together. Place glove backs right sides together and stitch along wrist, opening and strap (entire bottom area of glove). Clip curve along opening.
- 5. Turn right side out using tweezers to pull strap through. Topstitch along seam, close to edge, to flatten.
- 6. Pin glove back to glove palm, matching outer edges. Stitch. Turn right side out and topstitch  $\frac{1}{4}$ " from edge.
- 7. On palm side, topstitch through glove on top of first two lines, from top down to dots shown. With air soluble pen, draw remaining stitching lines on glove back as shown on pattern. Topstitch. Stitch end of strap to glove.

#### **FOOTBALL PLAYER**

#### SHIRT, SHOULDER PADS, PANTS, HELMET AND FOOTBALL

#### MATERIALS NEEDED:

¼ yard non-run interlock knit fabric for shirt and shoulder pads

\* 1/3 yard non-run interlock knit fabric for pants and helmet

2½ yards ¼" wide double fold bias tape, contrasting color for shirt, pants and helmet

1/3 yard ½" wide double fold bias tape, color of shirt for helmet

Elastic for pants

Appliques for shirt front and back 1" square of Velcro® for helmet strap

Polyester fiberfill for shoulder pads, helmet and football 1/8 yard camel non-run interlock knit for football Dark brown thread for decorative stitches on football

Use Patterns 54 and 62 through 70

\*For contrasting colors, purchase  $\frac{1}{2}$  yard for pants and  $\frac{1}{3}$  yard for helmet.

#### SHIRT AND SHOULDER PADS:

Cut two shirt torsos (62) Cut one shirt yoke (63) Cut two sleeves (64) Cut four shoulder pads (69)

- Sew shirt torsos to yoke. To hem neckline, pull fabric while sewing so that fabric retains its stretch and will fit over doll's head.
- 2. Sew sleeves to armholes. Center bias tape over seamline and topstitch along both sides of tape. Sew a second strip of tape to sleeve, 3/8" from first strip.
- 3. Hem sleeves. Stitch side seams. Hem bottom of shirt. Affix appliques to front and back of shirt.
- 4. Stitch two shoulder pads together, leaving open between dots. Repeat for second set. Turn right side out and fill lightly with fiberfill. Machine stitch opening closed. Tack to inside of shirt shoulders by hand.

#### PANTS:

Cut 4 pants (54)

1. Follow instructions for "Baseball Player" pants, page 22, substituting bias tape for fabric stripes.

#### **SOCCER PLAYER**

SHORTS, SHIRT AND SOCKS

#### **MATERIALS NEEDED:**

¼ yard (white) knit fabric for shorts, collar and socks ¼ yard solid color knit fabric for shirt and cuffs on socks ½ yard ¼" wide double fold bias tape (white) for shirt ½ yard ¼" wide double fold bias tape (color) for shorts Two closures for shirt Elastic for shorts Soccer applique (optional)

#### Use Patterns 45 through 52

#### **HELMET:**

Cut two helmet sides (66) Cut one helmet center panel (67) Cut two helmet linings (68) Cut one strap (70)

- 1. Topstitch wider bias tape to middle of center panel. Pin helmet sides to center panel and stitch. Center narrow bias tape over seams and topstitch in place.
- 2. Stitch lining seams "A" and "B" together. Repeat for second lining piece. Sew lining pieces together along top seam.
- 3. Pin lining to helmet, matching center fronts and backs and curves at sides. Stretch lining as needed to fit. Stitch, leaving one side open between dots.
- **4.** Turn right side out and stuff loosely with fiberfill. Shape helmet by moving fiberfill into position with tip of needle. Sew opening closed.
- **5. Strap:** Fold in half lengthwise, with right sides together. Stitch, leaving one short end open. Turn right side out by pushing sewn end through with eraser end of a pencil. Fold raw edges inside and topstitch opening closed. Pin strap to helmet and mark placement with air soluble pen. Sew Velcro® to one end of strap and one side of helmet. Stitch other end of strap to helmet.

#### FOOTBALL:

Cut four football sections (65)

- 1. Sew two pieces together along one side. Repeat for second set.
- 2. Sew two sets together around outside edge, leaving open between dots on one side.
- 3. Turn right side out and fill with fiberfill. Sew opening closed. Sew a few long decorative stitches (like a real football) across seam in dark brown thread.



#### SOCCER PLAYER, continued

#### SHORTS:

From white fabric: Cut four shorts (45)

- 1. Sew fronts to backs along side seams, to dot. Topstitch contrasting bias tape to outside of shorts, centering strips over side seams. Sew from top of shorts down to end of seam.
- 2. Turn remaining side seam allowances inside and stitch each to secure. These form "V" slits at sides. To enclose slits in bias tape, pull "V" into a straight edge while sewing.
- 3. Stitch center front and center back seams. Stitch crotch seam.
- 4. Hem legs. Hem waist, leaving an opening for elastic insertion. Insert elastic through casing, drawing up waist to 11". Stitch ends together and stitch opening closed.

#### SOCKS:

From solid color fabric: Cut two sock cuffs (47) From white fabric: Cut two socks (46)

- 1. Sew center back/foot seams of white socks. Sew center back seam of cuffs.
- 2. Turn cuffs right side out and fold in half along top, aligning raw edges (see pattern). Leave socks wrong side out.
- 3. To sew cuff to right side of sock, place cuff inside sock, aligning all three raw edges and center back seams. Pin and sew, stretching fabric a little as you go. Sock is worn with cuff folded down over seam.

#### SHIRT:

From solid color fabric: Cut one shirt front (V-neck) (49) Cut one front facing (50) Cut two shirt backs (51) Cut two back facings (52) From white fabric: Cut four collars (48)

- 1. Sew two collar pieces together around outside edges. Trim off excess fabric at points. Turn right side out and topstitch close to edge to flatten. Repeat for second set.
- 2. Stitch shirt backs to front at shoulder seams. Repeat for facings.
- 3. Pin collar to right side of shirt neck, matching dots. Stitch to shirt 1/8" from edge.
- 4. Pin facing to shirt neck, right sides together (on top of collar). Stitch, beginning at lower center back edge of facing to enclose raw edges of shirt at center back seamline. Clip "V" at center front.
- 5. Turn facing inside. Turn center back seam inside and stitch, beginning at lower right center back. Topstitch up center back, around neckline, down left center back seam. Do not catch collar in stitching.
- **6.** Topstitch on shoulder seam from neckline to end of facing to secure facing.
- 7. Topstitch two rows of bias tape along shoulders, placing one strip centered over seam line. Position second strip ¼" away on shoulder front.
- 8. Hem sleeves.
- 9. Stitch side seams and hem bottom of shirt.
- 10. Affix closures at neckline and center back.

### And we root for the team ...

#### CHEERLEADER

TOP, SKIRT WITH ATTACHED PANTS AND POM POMS

#### MATERIALS NEEDED FOR TOP AND SKIRT/PANTS:

1/4 yard knit fabric for top

1/4 yard fabric for skirt

1% yards ¼" wide double fold bias tape (contrasting color)

½ yard ½" wide double fold bias tape (color to match skirt) for waistband casing

Elastic for skirt and top

1 snap closure for top

Applique for top

#### MATERIALS NEEDED FOR POM POMS:

Two 9" x 12" pieces of felt, contrasting colors ¼ yard elastic

Use Patterns 14, 15 and 16

#### TOP:

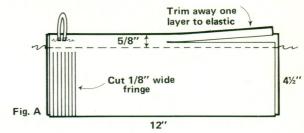
Cut two tops (14)

- 1. Sew front to back along one shoulder seam. Stitch remaining seam from end of sleeve to dot to leave top of shoulder open.
- 2. Hem neckline and open shoulder edge. Hem sleeves.
- 3. Topstitch bias tape to sleeves, about  $\frac{1}{2}$  from edges.
- 4. Sew side seams. Turn hem under and stitch, leaving an opening for insertion of elastic. Insert elastic; draw up bottom to measure 14". Stitch ends of elastic together and sew opening closed.
- 5. Affix applique to shirt and sew snap at top of shoulder.

#### SKIRT/PANTS:

Cut two Cheerleader skirts (15) Cut two Cheerleader pants (16)

- 1. Follow steps 1 through 4 of "Skating" dress, page 26, using a 1/8" hem in skirt. Enclose skirt hem in  $\frac{1}{4}$ " contrasting bias tape.
- 2. Enclose waist in  $\frac{1}{2}$ " bias tape, leaving one inch area at ends of tape open. Insert elastic through casing. Draw up waistline to 11". Stitch ends of elastic together. Finish sewing tape to waistline, with ends overlapped.



#### POM POMS:

- 1. Pin the two felt pieces together. Measure and cut in half lengthwise to make two sets of  $4\frac{1}{2}$ " x 12" layers.
- 2. Machine stitch one set together along 12" side, 5/8" from edge. Sew a 4" length of elastic to felt as in Fig. A. for straps.
- 3. Trim off  $\frac{1}{2}$ " of one seam allowance layer to reduce bulk. Cut  $\frac{1}{8}$ " wide slits through both layers to within  $\frac{1}{2}$ " of seamline.
- 4. Fold the two short ends to center. Repeat folding three more times, so that stump end is about 1" wide. Sew through stump by hand, with thread doubled, to finish.

#### **BATON TWIRLER**

COSTUME, CROWN, BATON AND BOOTS

#### MATERIALS NEEDED FOR COSTUME AND CROWN:

1/3 yard knit fabric

1/6 yard metallic fabric

1-1/8 yards of 1/2" wide sequin/metallic braid trim

1 closure for costume (snap)

#### MATERIALS NEEDED FOR BATON:

1/12 yard silver lame' fabric

1/12 yard white knit fabric for ends

Elastic for attaching to doll's wrist

Polyester fiberfill

#### MATERIALS NEEDED FOR BOOTS:

1/8 yard white fabric

Two 1" long tassels (purchase a small length of drapery trim)

Use Patterns 12, and 17 through 26

#### COSTUME AND CROWN:

From knit fabric:

From Knit Tabric:

Cut one costume front (17)

Cut two costume backs (18) Cut one front facing (20)

Cut two back facings (21)

From metallic fabric: Cut one bodice front (19)

Cut two crowns (22)

**NOTE:** If using sequin/metallic trim, use a size 16 needle in machine to attach.

#### COSTUME:

- 1. Pin metallic bodice front to costume front, matching dots and center fronts. Stitch seam. Fold seam allowances toward center front and topstitch on right side of metallic fabric, close to edge, through all thicknesses.
- 2. Sew backs to front along shoulder seams. Repeat for facings.
- 3. Pin facing to costume and stitch along back and neckline. Turn facing to inside and topstitch on right side of costume through all thicknesses.
- 4. Stitch hem on armholes. Topstitch facing at shoulder seams and trim off excess facing which may extend beyond top of armhole.
- 5. Topstitch sequin trim to neckline along top edge of trim only, beginning and ending ¼" from center back edges.
- 6. Topstitch sequin trim along edge of metallic bodice, slipping ends of trim under neckline trim. After sewing, go back and stitch all four ends to secure.

- 7. Fold one center back neck edge under  $\frac{1}{4}$  and stitch several times at neckline to secure.
- 8. Stitch lower center back seam to dot. Stitch side seams and crotch, between dots. Hem leg openings. Sew closure to back of neck.

#### CROWN:

- 1. Stitch crowns together, leaving bottom open between dots. Turn right side out with eraser end of a pencil.
- 2. Fold edges to inside along opening and pin together. Topstitch around entire crown, close to edge, to secure opening and flatten seam.
- 3. Sew sequin trim to bottom of crown, along all sides of trim, leaving  $\frac{1}{2}$ " of one end of crown free of trim. Overlap ends of crown  $\frac{1}{2}$ " and stitch several times to secure.

#### BATON:

From silver lame' fabric: Cut two batons (23) From white knit fabric: Cut two small baton ends (24) Cut two large baton ends (25)

- 1. Sew a large white end and a small white end to top and bottom of baton. Repeat for second baton piece. Sew pieced batons together (match ends) around entire outside edge, leaving one side open between dots.
- 2. Trim seam allowance of white ends to 1/8". To turn right side out, insert tweezers inside baton, pinch white fabric firmly and pull through.
- 3. Fold seam allowance inside along one side of opening. Fold a 3" piece of elastic in half to form a loop. Stitch elastic loop to folded seam allowance with cut ends extending into baton.
- 4. Fill with fiberfill, using eraser end of a pencil. Use small pieces and fill ends first. Pack baton firmly and pin opening closed. Sew by hand. More filling can be added as you sew by pushing small bits in with needle.

#### BOOTS:

From white fabric: Cut four shoe soles (12) Cut eight boot uppers (26)

- 1. Stitch two boot uppers together along top curved edge only. Turn right side out and topstitch close to sewn edge. Repeat for remaining three sets.
- 2. Stitch two sets together along center front and center back seams. Repeat for remaining two sets.
- 3. Follow instructions for "Booties/Shoes" on page 21, step 3.
- 4. Sew tassels to fronts of boots.

### We can dance...

#### **LEOTARD**

Every dancer needs a basic leo tard!

#### MATERIALS NEEDED:

1/3 yard non-run knit fabric (just like a real leotard, she'll have to pull it on so be sure to select a non-run knit!)

#### Use Pattern 27

Cut two leotards (27)

- 1. Stitch front to back at shoulder seams. Hem neckline.
- 2. Stitch underarm/side seams. Clip underarm as shown on pattern.
- 3. Stitch crotch between dots. Stitch sleeve and leg hems.

#### **LEGWARMERS & NECK SCARF**

It's important to keep our leg muscles warm!

#### MATERIALS NEEDED: 4 yard striped knit fabric

#### Use Pattern 28

Cut two-leg warmers (28) Cut scarf 4" x 18" along width of fabric

#### LEG WARMERS:

1. Stitch center back seam. Stitch top and bottom hems.

#### **NECK SCARF:**

1. Trim off corners to curve edges. Zig-zag a narrow hem around entire strip.

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#### PINK BALLERINA COSTUME

COSTUME, SHOES AND CHOKER NECKLACE

Her first recital . . . and she remembered all the steps, smiled and didn't look at her feet — not even once! She felt so good in her costume and her new pearl earrings!

#### MATERIALS NEEDED:

1/6 yard lightweight satin fabric for costume and shoes
1/6 yard lining fabric

½ yard nylon tulle (54" wide)
½ yard ½" wide satin ribbon for straps
1/3 yard ¼" wide satin ribbon for choker ties
2 yards 1/16" wide satin ribbon for ballet shoes
1½ yards ½" wide trim for costume and choker
1¾" length of baby soft stretch elastic for costume back edge
Optional: Silk flower band for hair and 4" length of small
pearls for bodice front

#### Use Patterns 12, and 29 through 32

From satin and lining fabrics: Cut one bodice front (29) Cut one bodice back (30) Cut two bottoms (31) Cut two shoe soles (12) Cut two ballet shoe uppers (32)

From tulle:

Cut four 6" strips across width of fabric (6"  $\times$  54" each). Fold fabric into quarters across width for quick cutting.

#### COSTUME:

1. Sew bodice front to back at side seams. Repeat for lining. Sew pieces together along top edge only. Clip "V" at center front, Turn right side out and press seam flat. Topstitch close to edge. Zig-zag lower raw edges together to prevent fraying.

2. Sew bottoms together at center front and center back seams, stitching only to dot. Repeat for lining. Sew pieces together along leg openings. Clip curves. Turn right side out and topstitch along leg seams to flatten.

3. Stitch crotch seam. Zig-zag crotch seam and top raw edges (through both layers) to prevent fraying.

4. Tutu: Fold a strip of tulle in half lengthwise and machine gather close to folded edge. Repeat for remaining strips.

5. Pin two strips to right side of lower edge of bodice, overlapping ends at side seams, and adjusting gathers to fit. Stitch.

6. Repeat step 5 for bottom piece, except as follows. Note that you have left top  $\frac{1}{2}$ " of center front and back seams open in order to pivot when attaching pointed ends of bodice. These areas of bottom will be spread open when bodice is sewn on. When pinning tutu here, spread seam open to a "V" to allow for fullness needed.

7. Pin bodice to bottom, matching bodice points to front and back seams. Stitch seam, using a  $\frac{1}{2}$ " seam allowance. Pivot at points.

8. Pin 134" elastic strip to inside top edge of center back, between dots. Stitch in place while pulling elastic to fit.

9. Try costume on your dancer to pin and adjust ribbon straps, then topstitch in place.

10. Sew trim around top edge of costume. You might find it easiest to sew on by hand to control curves in front and to be able to stitch around elastic in back. Sew trim along lower seam edge. This is also easier to do by hand, as area is bulky and difficult to reach by machine.

11. For fullness, pull layers of tulle apart to separate.

#### CHOKER NECKLACE:

Cut  $\mathcal{U}''$  wide ribbon in half for ties. Sew one to each end of a 7'' length of trim.

#### BALLET SHOES:

Follow instructions for "Booties/Shoes" on page 21, steps 1 through 4. Machine stitch center of one yard length of 1/16" wide ribbon to center back of shoe. Tie around leg as pictured.

### And skate ...

#### ICE SKATING OUTFITS

From the ice show to the Christmas tree! Dresses, with attached panties are quick to sew and can be made plain or fancy. Imagine your child's delight on Christmas morning!

#### MATERIALS NEEDED FOR METALLIC STYLE DRESS:

1/3 yard metallic fabric for dress

2 yards metallic braid trim

1 closure

#### MATERIALS NEEDED FOR FUR-TRIMMED STYLE DRESS:

1/3 yard fleece, velour or velveteen for dress and bonnet

1/8 yard white plush (short pile fake fur)

½ yard ribbon for bonnet ties

Two white 1½" pompons for ties

1 closure

#### Use Patterns 33 through 38 for dress and 39 for bonnet

Cut one dress bodice front (33)
Cut two dress bodice backs (33)
Cut two sleeves (34)
Cut one dress front facing (35)
Cut two dress back facings (36)
Cut two skirts (37)
Cut two dress pants (38)
Cut one bonnet (39)

If making fur-trimmed style, cut a  $1\frac{1}{2}$ " wide strip across width of fabric. Use a yardstick and pencil to mark strip on wrong side of fur

#### DRESS:

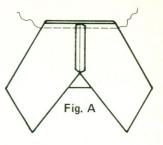
- 1. Sew skirt front to back at side seams. For metallic style, turn hem under and stitch. On fur style, fold fur strip in half lengthwise (wrong sides together) and sew to bottom edge of right side of skirt (all three raw edges aligned).
- 2. Machine gather upper edge of skirt.
- 3. Sew pants together along side seams. Sew crotch seam between dots. Turn leg hems under and stitch.
- 4. Pin wrong side of skirt to right side of pants, matching side seams. Adjust skirt gathers to fit pants. Stitch together.
- 5. Stitch bodice backs to front at shoulder seams. Repeat for facings. Pin facing to neckline and center back. Stitch seam. Clip "V" at center front neckline. Turn facing inside and topstitch through all thicknesses (close to edge) to secure.
- **6.** Machine gather tops of sleeves, between dots. Pin sleeves to armholes, adjusting gathers to fit. Stitch seam. Hem sleeves. On fur style, after hemming, sew fur strip on as you did for skirt.
- 7. Stitch sleeve/side seams.
- **8.** Pin bodice to skirt/pants, matching side seams. Bodice center backs should overlap. Stitch seam.
- **9.** Affix closure in back. For metallic style, sew trim along skirt and around neckline. Make bow and tack to front.

#### **BONNET:**

- 1. Sew fur strip to front edge, leaving ¼" at each end of bonnet free of fur for hemming later. See step 1 above for "Skating Dress" for attaching fur.
- 2. Stitch center back seam.
- 3. To close hole, flatten the bonnet by centering the "fold" line over the center back seam. The opening should now be centered

over the back seam. Stitch straight across the opening (top) seam-line. See Fig. A.

**4.** Hem bottom edge. Sew ribbon ties to sides. Hand sew pompons to ends of ties.



# And in the summer we just have fun!

#### **BATHING SUIT**

Every year I grow some more... and Mom gets me a new bathing suit! Here's my "this year's suit". I watched Mom make it and it only took a few minutes. Then we went to the beach!

#### MATERIALS NEEDED:

¼ yard knit fabric 7/8 yard ¼" wide double fold bias tape

#### Use Patterns 40, 41 and 42

Cut one bathing suit front (40) Cut one bathing suit back (41) Cut one bathing suit ruffle (42)

**Note:** If using striped fabric, stripes will align along side seams when cutting line of crotch is placed along the same stripe for front and back.

- 1. Sew front to back along side seams. Stitch crotch seam between dots.
- 2. Hem legs and upper edge of suit along front sides and entire back. Do not hem straight edge of front where ruffle is to be attached
- 3. Fold ruffle in half lengthwise, right sides together. Stitch short ends. Turn right side out.
- 4. Machine gather along raw edges of ruffle. Adjust gathers to fit and pin to top of suit. Stitch. Trim seam allowance to 1/8".
- 5. To enclose raw edges in bias tape, place middle of length of tape at center front of suit to leave ties at both ends. Stitch tape edges together.

#### T-SHIRT AND LONG PANTS

Every kid needs some jeans, a T-shirt and tennies! That's The All-American Uniform for boys and girls!

MATERIALS NEEDED FOR T-SHIRT (Round neck style): ¼ yard knit fabric

Two closures

MATERIALS NEEDED FOR LONG PANTS:

1/3 yard fabric

Elastic

#### T-SHIRT:

Use Patterns 51, 52 and 53

Cut one T-shirt front on fold (51) Cut two T-shirt backs on cutting line (51) Cut one front facing (53) Cut two back facings (52)

1. Follow steps 2, 4, 5, 6, 8, 9 and 10 for "Soccer" shirt, page 24, disregarding reference to collar and "V-neck".

#### LONG PANTS:

#### Use Pattern 43

Cut two pants (43)

1. Follow steps 1 through 4 of "Karate" pants, page 21.

#### **BLOUSON TOP AND SHORTS**

Here's Dana, age 10½, dressed in her favorite color, ready to play! She begged Mom to buy her the tennies at the shoe store—after all, they're "purple". So, even though they're a size one, they do stay on . . . and she can grow into them!

#### MATERIALS NEEDED FOR BLOUSON TOP:

¼ yard knit fabric (non-stretch fabric may be used, see directions)

Elastic

1 closure (snap)

#### MATERIALS NEEDED FOR SHORTS:

¼ yard fabric (does not need to be a knit fabric)

#### **BLOUSON TOP:**

#### Use Pattern 14

Cut two tops (14)

1. To make top, follow directions for "Cheerleader" top, page 24, disregarding reference to bias tape and applique. For a non-stretch fabric, leave tops of both shoulders open to fit over doll's head (2 snaps needed).

#### SHORTS:

#### Use Pattern 45

Cut 4 shorts (45)

1. To make shorts, follow directions for "Soccer Player", page 24, disregarding reference to bias tape.

27

# Nightie night... don't let the bed bugs bite!

#### KIMONO AND DIAPER SET

This little baby likes to wear clothes that are cute, but simple to make. Of course, you could add trims for dress-up outings . . . sew-on appliques, lace, rick-rack, ribbon ties . . . how about a matching bonnet? (Use Pattern 39 with an additional ¼ yard of fabric. See directions for bonnet worn by "Ice Skater".)

#### MATERIALS NEEDED:

1/3 yard fabric for kimono, diaper and diaper lining 1-1/8 yards ¼" wide double fold bias tape Four closures for diaper

#### Use Patterns 7, 8 and 9

Cut two diapers (9)

Fold selvage up just enough to fit diaper width; repeat to cut second diaper, then cut kimono from remaining fabric.
Cut two kimono fronts (7)
Cut one kimono back (8)

#### KIMONO

- 1. Stitch fronts to back at shoulder seams. Hem sleeves.
- 2. Stitch side seams. Clip underarm curve.
- 3. Beginning at back of neck edge, bind entire outside edge with bias tape.

#### DIAPER:

- 1. Stitch diaper and lining together around entire edge, leaving back edge open between dots. Clip curves along crotch area.
- 2. Turn right side out, pushing out corners and curves.
- 3. Fold back edges inside and pin opening closed. Topstitch around entire edge.

#### BOY'S PAJAMAS

He's warm and cozy in his soft, flannelette jammies! (These are his favorite because they remind him of Fillip The Frog, who sleeps in a box next to his bed!) For summer PJ's he likes a cooler fabric . . . you can use the same top and use Short Pattern 45 for the bottoms.)

#### MATERIALS NEEDED:

½ yard fabric for pajama top and bottom ¾ yard ¼" wide double fold bias tape Elastic for bottoms Two closures for top

#### Use Patterns 43 and 44

Cut two pants (43) Cut two pajama top fronts (44) on cutting line Cut one pajama top back (44) on fold

#### PANTS:

1. Make pants following steps 1 through 4 of "Karate" pants, page 21.

#### TOP:

1. Make top following steps 1 through 5 of "Karate" shirt, disregarding reference to belt and side slits.

### BABY DOLL NIGHTIE, PANTIES AND SLIPPERS

Here it is, the middle of summer, and Dana, age 3, just won't take off those hot, fuzzy slippers! She loves them! But, she's as cool as a cucumber from the ankles up in her new "baby dolls" made by Grandma. She asked Grandma to send us the pattern so I could make her a purple sundress just like it! You know, it would make a nice sundress set!

#### MATERIALS NEEDED:

3/8 yard fabric for nightie and panties
2 yards 1" wide pre-gathered lace trim
1 yard "wide ribbon for ties
Elastic for panties
Sew-on applique (optional)
1/8 yard plush fabric (short pile fake fur) for slippers

Use Patterns 5, 6, 12 and 13

Cut one skirt 4½" x 44"
Cut two nightie bodices (5)
Cut four panties (6)
From plush fabric:
Cut two shoe soles (12)
Cut two shoe uppers (13)
Disregard number of pieces to cut, shown on patterns.

#### NIGHTIE:

- 1. Sew short ends of skirt together. This will be center back seam. Turn hem under  $\frac{1}{4}$ " and stitch. Sew lace to underside of this hem.
- 2. Hem top of skirt by turning under  $\frac{1}{2}$ " and stitching. Repeat once more. Machine gather  $\frac{1}{2}$ " below edge.
- 3. Fold bodice front with right sides together and stitch both arm seams. Repeat for bodice back. Open bodice pieces and join front to back along side seams. Turn right side out and topstitch along arm edges.
- 4. Pin skirt to bodice and adjust gathers to fit. (Wrong side of skirt should be placed against right side of bodice.) Stitch.
- 5. Sew 9" ribbon ties to top corners of both bodices at dots. Sew applique in place.

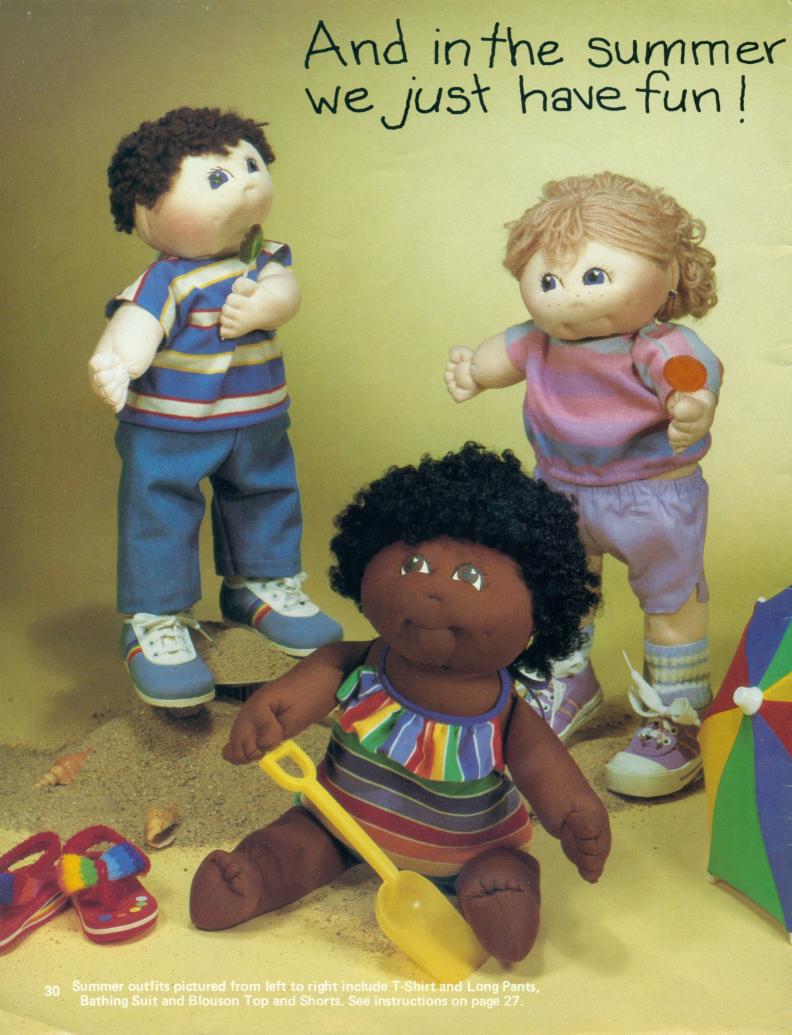
#### PANTIES:

1. Make panties following steps 1 through 5 of "Pink Dress and Panties", page 20.

#### SLIPPERS:

- 1. Stitch a narrow hem along top edge of upper.
- 2. Follow directions for "Booties/Shoes", page 21, steps 2 and 3, disregarding reference to double layers. When possible, spread fur away from seams before stitching.
- 3. Ends of fur may be pulled out from stitching with the tip of a needle.



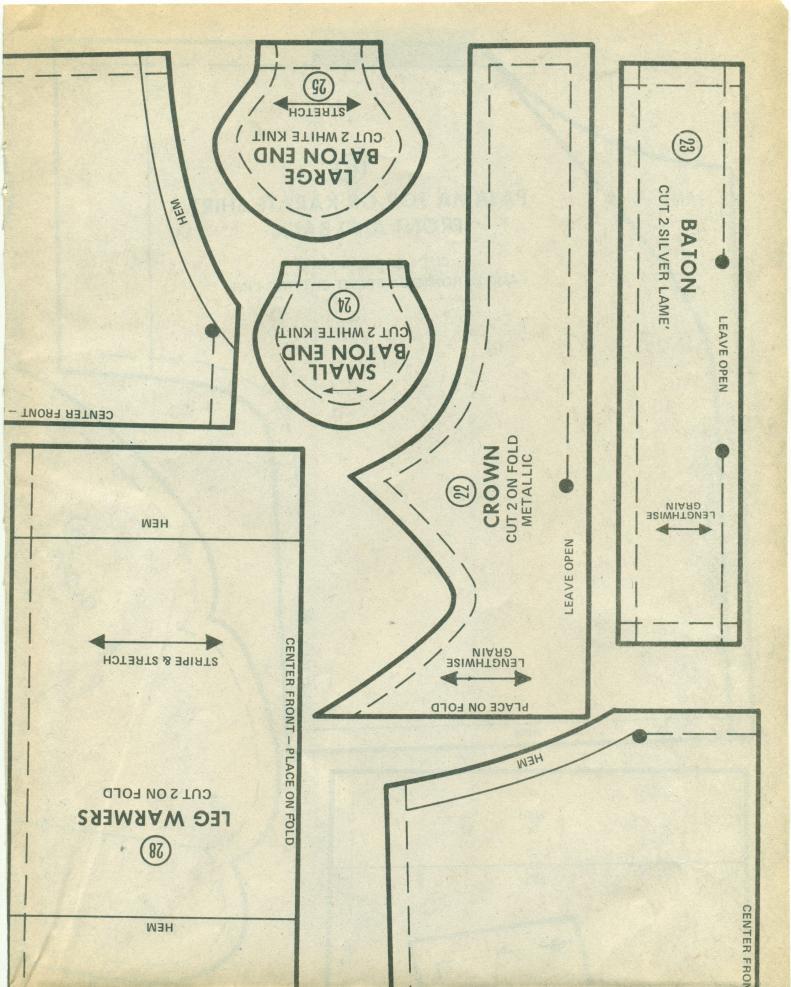


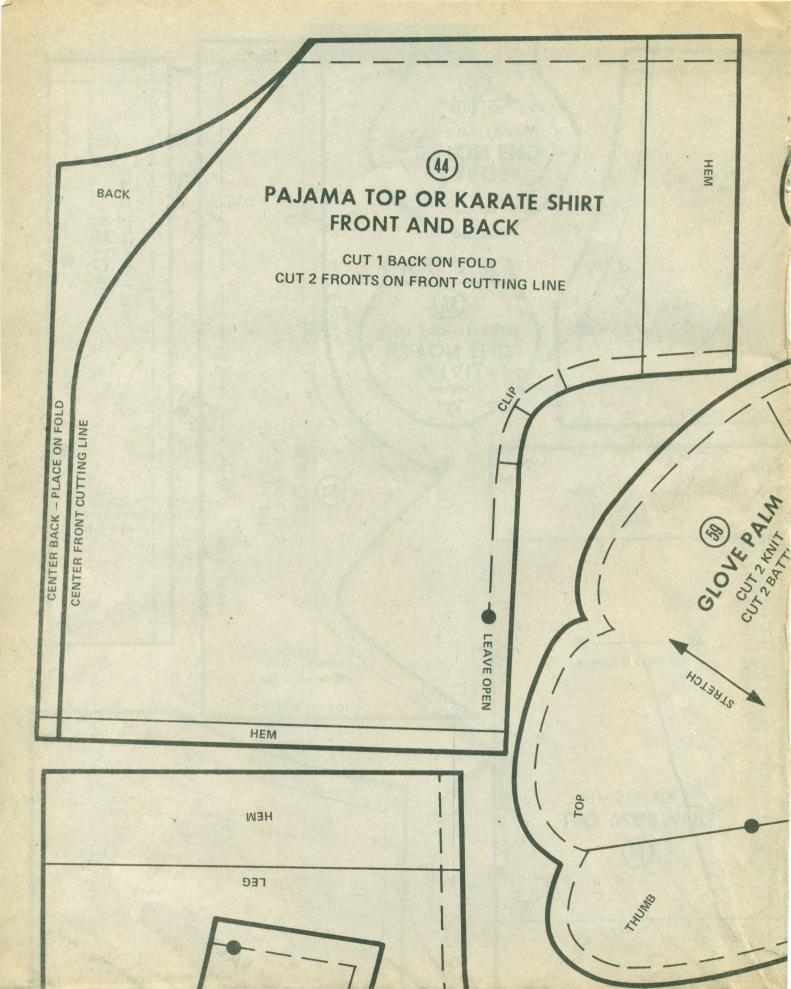


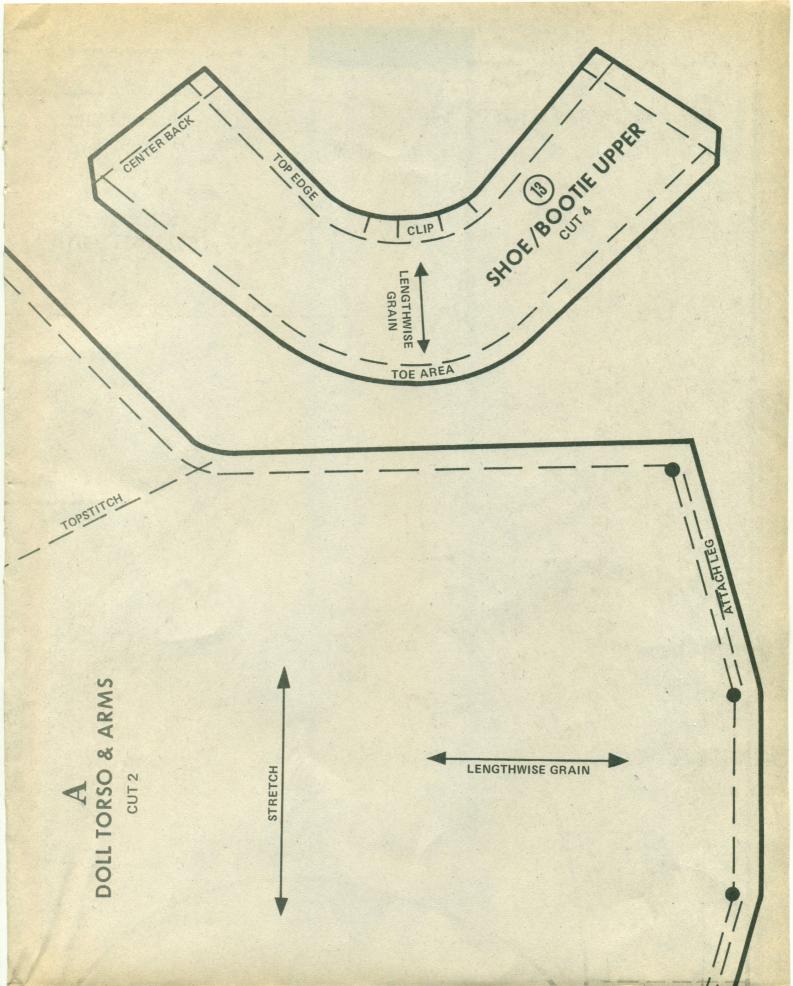
### Cradle Creations

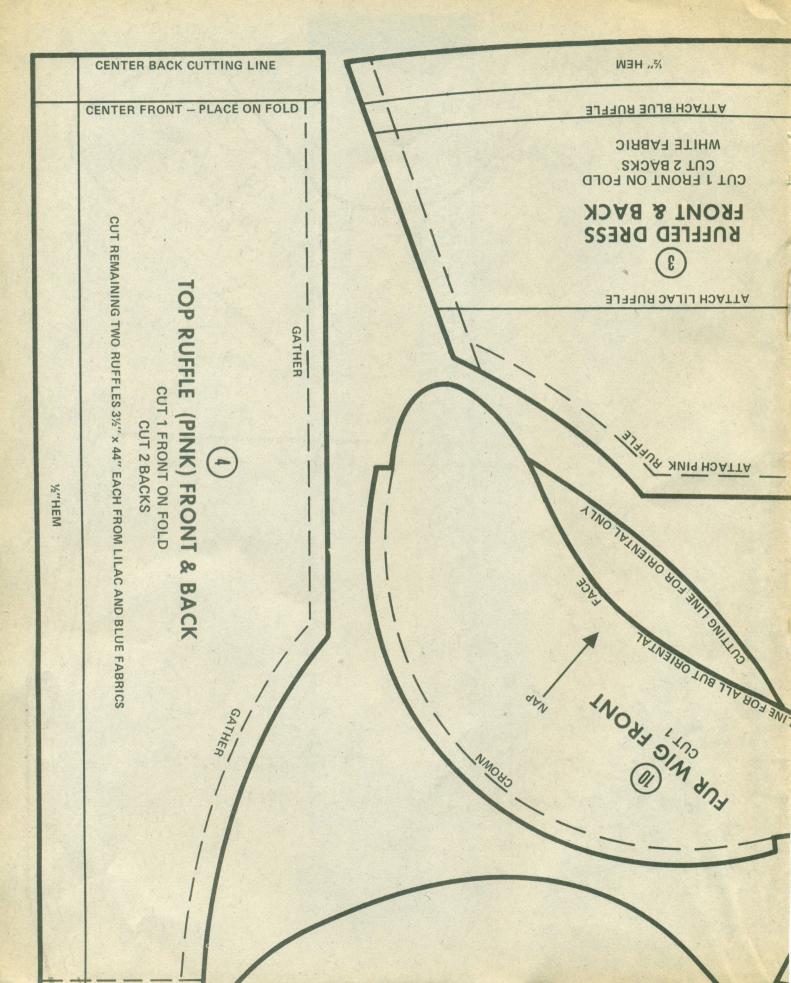
Big Kids & Babies In Soft Sculpture

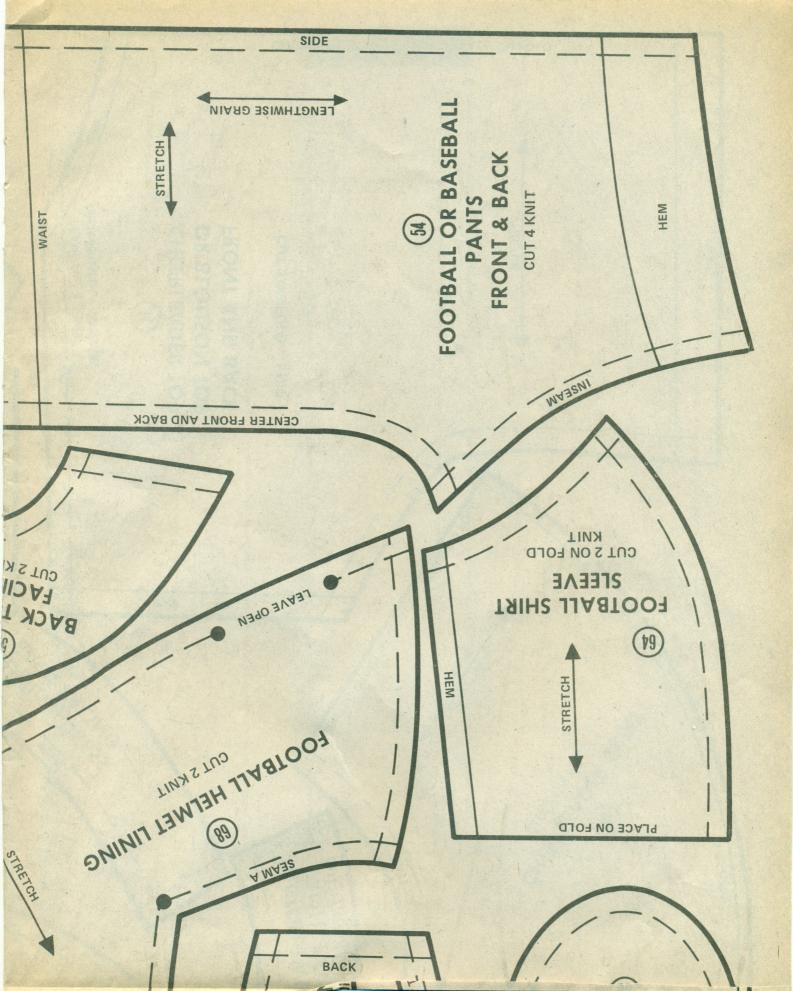


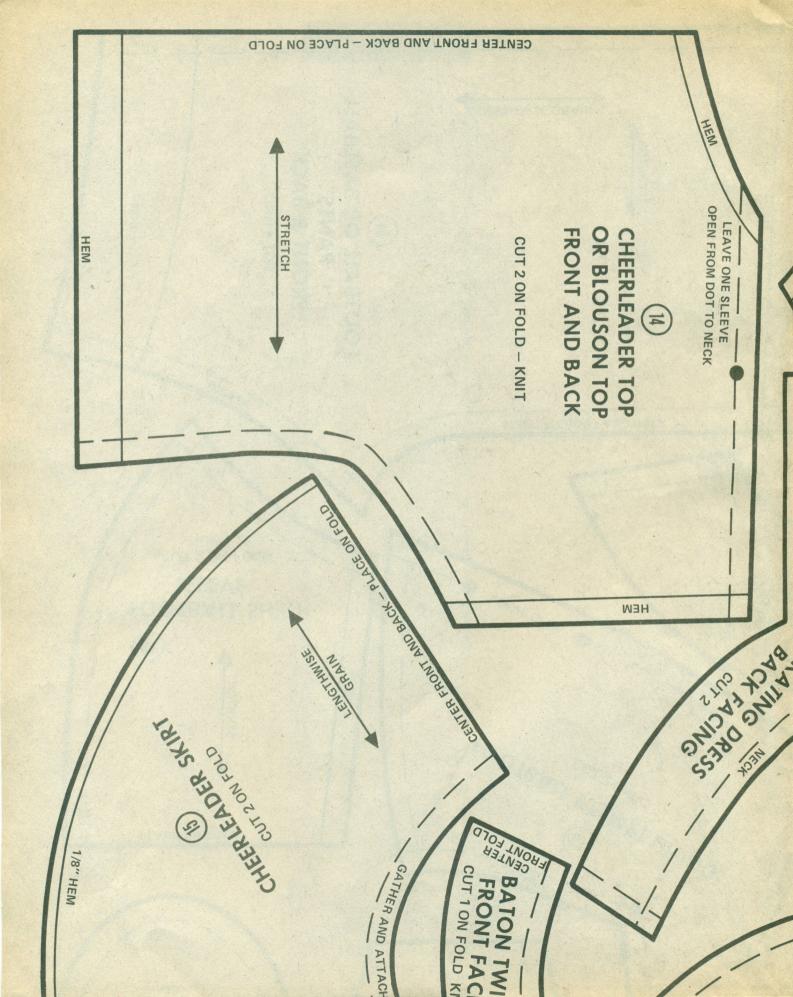


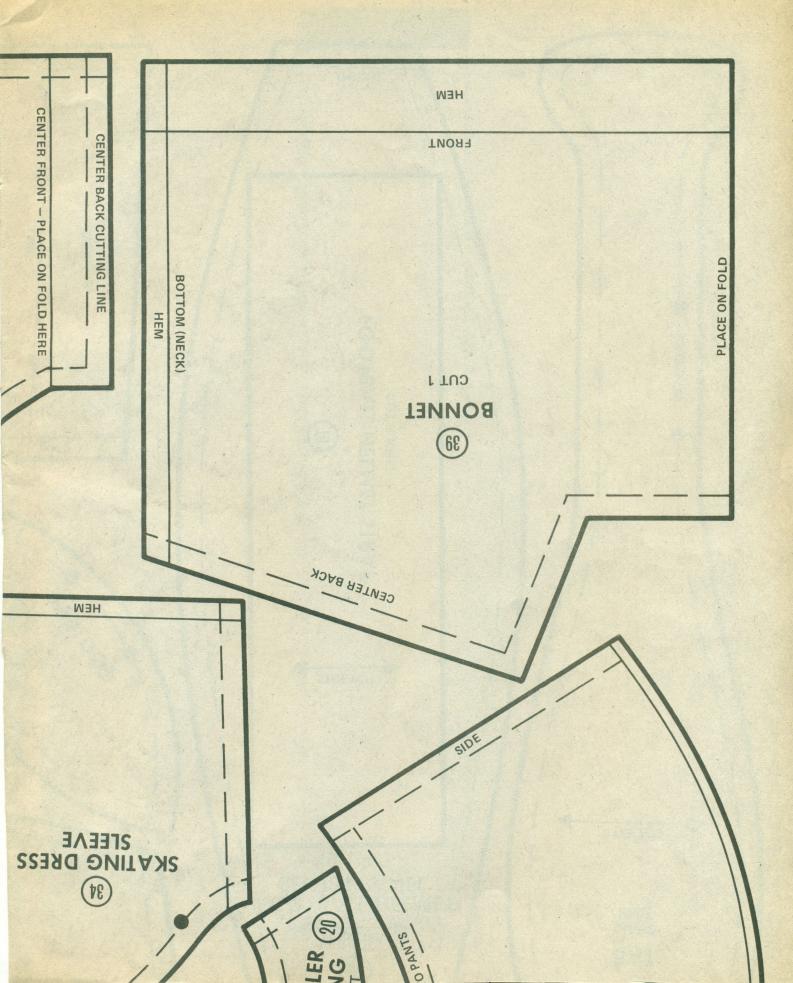


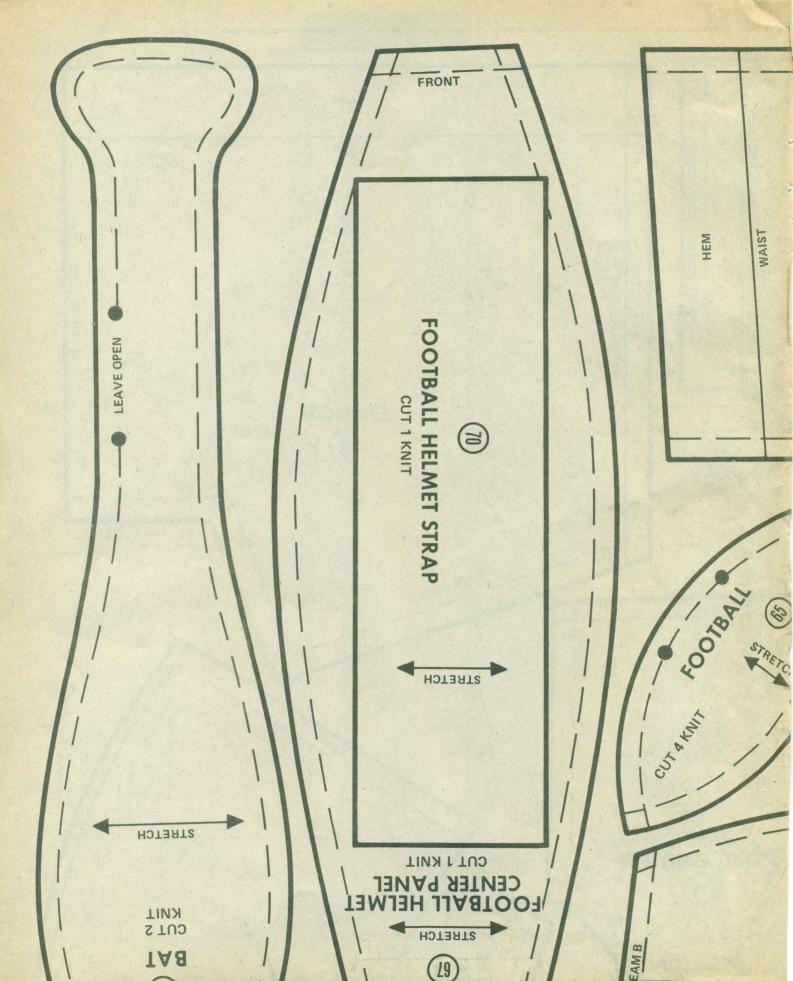


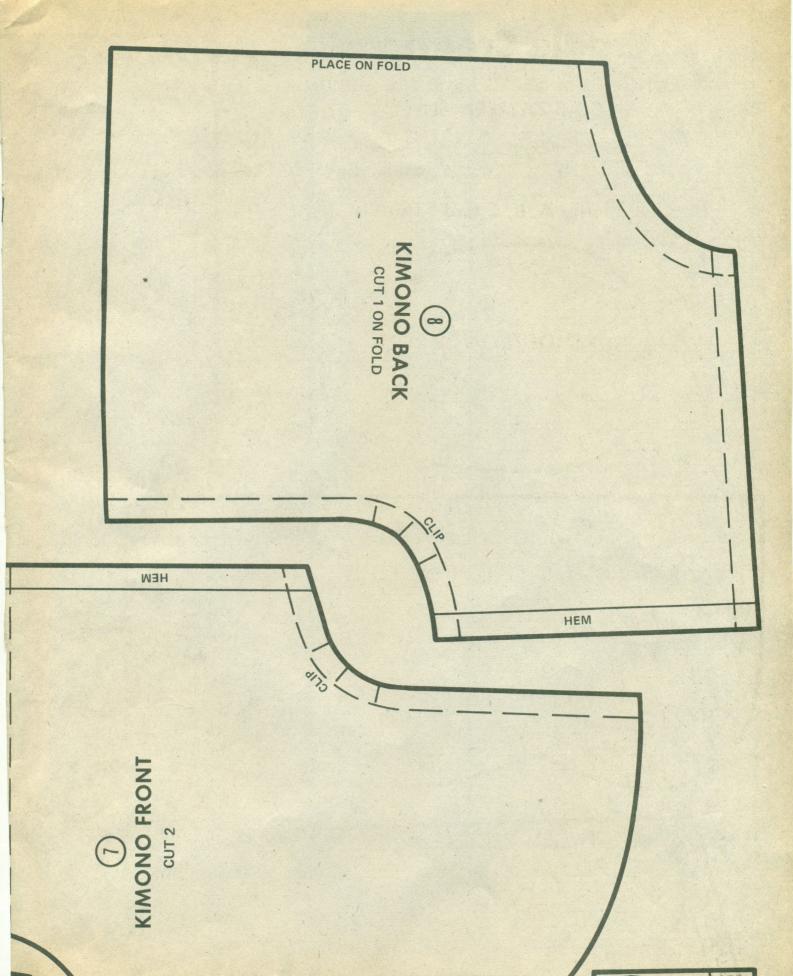












## Cradle Creations

Big Kids & Babies In Soft Sculpture CC-3 PATTERN SHEET

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Patterns: A, B, C and 1 Thru 13

